

МОС  
ROSCOSMOS

РОСКОСМОС  
OS

РОСКОСМОС  
ROSCO

ЦНИИМАШ  
TSNIIMASH

ЦНИИМАШ

VISION  
DL

ЦЕНТР  
УПРАВЛЕНИЯ  
ПОЛЁТАМИ



С  
СЕ



**КРИКАЛЁВ**  
Сергей Константинович

1  
00:00:04,999 --> 00:00:03,080  
good morning everybody from the Johnson

2  
00:00:06,650 --> 00:00:05,009  
Space Center in Houston I'm NASA's Josh

3  
00:00:08,270 --> 00:00:06,660  
Byerly we want to welcome you to today's

4  
00:00:10,790 --> 00:00:08,280  
briefing we're going to be taking a look

5  
00:00:12,860 --> 00:00:10,800  
at the one-year crew scott kelly and

6  
00:00:14,209 --> 00:00:12,870  
mikhail kornienko will be spending one

7  
00:00:15,620 --> 00:00:14,219  
year up on board the International Space

8  
00:00:17,930 --> 00:00:15,630  
Station and this will be the longest

9  
00:00:20,179 --> 00:00:17,940  
time that an expedition has taken place

10  
00:00:21,529 --> 00:00:20,189  
aboard this orbiting complex here to

11  
00:00:23,330 --> 00:00:21,539  
give us more details about what's ahead

12  
00:00:25,009 --> 00:00:23,340  
for the crew and the science that we

13  
00:00:27,740 --> 00:00:25,019

hope to learn is an entire international

14

00:00:29,210 --> 00:00:27,750

panel to my left is Mike suffer Dini the

15

00:00:31,730 --> 00:00:29,220

International Space Station program

16

00:00:33,080 --> 00:00:31,740

manager as well as Julie Robinson the

17

00:00:36,110 --> 00:00:33,090

International Space Station program

18

00:00:38,569 --> 00:00:36,120

scientist as well as Bob Behnken NASA's

19

00:00:41,420 --> 00:00:38,579

chief astronaut we're also pleased to be

20

00:00:44,360 --> 00:00:41,430

joined from Moscow by our Rose cosmos

21

00:00:46,250 --> 00:00:44,370

colleagues including Alex a krasnov the

22

00:00:48,440 --> 00:00:46,260

director of piloted space programs

23

00:00:50,510 --> 00:00:48,450

Department for Rose cosmos as well as

24

00:00:52,549 --> 00:00:50,520

Sergei krikalev the director of the

25

00:00:55,880 --> 00:00:52,559

Gagarin cosmonaut training center as

26

00:00:58,880 --> 00:00:55,890

well as Igor Yakov the director of the

27

00:01:00,439 --> 00:00:58,890

Institute for biomedical problems we're

28

00:01:03,770 --> 00:01:00,449

going to start here in Houston with mr.

29

00:01:06,200 --> 00:01:03,780

siffredi knee well good morning as we

30

00:01:07,850 --> 00:01:06,210

have said for many years as we were

31

00:01:11,870 --> 00:01:07,860

building the International Space Station

32

00:01:16,010 --> 00:01:11,880

it plays many roles it has a very large

33

00:01:19,550 --> 00:01:16,020

benefit to humanity in general but also

34

00:01:22,789 --> 00:01:19,560

it it's utilized and will be utilized to

35

00:01:26,090 --> 00:01:22,799

advance human exploration beyond low

36

00:01:28,670 --> 00:01:26,100

Earth orbit when we think about it in

37

00:01:32,600 --> 00:01:28,680

terms of what the ISS provides to us we

38

00:01:35,240 --> 00:01:32,610

think about it in four major areas the

39

00:01:38,120 --> 00:01:35,250

first is technology development there

40

00:01:41,870 --> 00:01:38,130

are there are systems that we would like

41

00:01:43,999 --> 00:01:41,880

to develop to allow us to explore in

42

00:01:46,880 --> 00:01:44,009

long duration with long duration space

43

00:01:48,260 --> 00:01:46,890

travel some of those technologies are

44

00:01:50,899 --> 00:01:48,270

best tested in the microgravity

45

00:01:54,260 --> 00:01:50,909

environment of the International Space

46

00:01:57,670 --> 00:01:54,270

Station so that's one area another area

47

00:02:00,020 --> 00:01:57,680

that we look towards is system

48

00:02:01,940 --> 00:02:00,030

reliability testing and so there are

49

00:02:05,030 --> 00:02:01,950

many systems particularly fluid related

50

00:02:08,389 --> 00:02:05,040

systems that are not that we're not able

51  
00:02:09,979 --> 00:02:08,399  
to test as well on on the ground and so

52  
00:02:12,470 --> 00:02:09,989  
it would benefit us if we could get

53  
00:02:13,650 --> 00:02:12,480  
runtime on those systems in low-earth

54  
00:02:16,140 --> 00:02:13,660  
orbit

55  
00:02:18,870 --> 00:02:16,150  
prior to relying on them for long

56  
00:02:22,140 --> 00:02:18,880  
duration travel of course one of the

57  
00:02:24,390 --> 00:02:22,150  
most obvious is the human aspect of it

58  
00:02:29,190 --> 00:02:24,400  
the human body the human system and its

59  
00:02:30,870 --> 00:02:29,200  
ability to adapt and and to the

60  
00:02:33,660 --> 00:02:30,880  
microgravity environment and remain

61  
00:02:36,000 --> 00:02:33,670  
healthy not only for the trip but to be

62  
00:02:38,100 --> 00:02:36,010  
able to do the task required of the crew

63  
00:02:39,930 --> 00:02:38,110

members once they reach their

64

00:02:42,240 --> 00:02:39,940

destination whatever that may be and

65

00:02:45,480 --> 00:02:42,250

then of course to return and and be

66

00:02:47,580 --> 00:02:45,490

healthy upon their return so that's a

67

00:02:49,470 --> 00:02:47,590

big aspect that's that we're all

68

00:02:51,870 --> 00:02:49,480

familiar with and then the last one is

69

00:02:54,300 --> 00:02:51,880

the operational in simulation and

70

00:02:56,760 --> 00:02:54,310

benefits of using a platform like the

71

00:03:00,420 --> 00:02:56,770

International Space Station to simulate

72

00:03:06,420 --> 00:03:00,430

the operations that we would do during a

73

00:03:08,940 --> 00:03:06,430

transit to to a distant location and and

74

00:03:12,170 --> 00:03:08,950

of course the ISS platform is is

75

00:03:16,590 --> 00:03:12,180

perfectly suited for that aspect as well

76

00:03:20,220 --> 00:03:16,600

so we have we have over the few last few

77

00:03:24,900 --> 00:03:20,230

years been slowly advancing in these

78

00:03:27,680 --> 00:03:24,910

areas on ISS we have have been testing

79

00:03:31,140 --> 00:03:27,690

some technologies on ISS particularly

80

00:03:32,850 --> 00:03:31,150

testing materials outside the ISS and

81

00:03:35,040 --> 00:03:32,860

you've seen some system testing we've

82

00:03:37,980 --> 00:03:35,050

done Robonaut is probably one of the

83

00:03:39,930 --> 00:03:37,990

most famous of the technologies we've

84

00:03:42,690 --> 00:03:39,940

been testing that have application for

85

00:03:46,350 --> 00:03:42,700

robotic operations we have also been

86

00:03:48,870 --> 00:03:46,360

testing some some systems that may be

87

00:03:50,820 --> 00:03:48,880

utilized and can be utilized in the the

88

00:03:54,210 --> 00:03:50,830

longer duration space travel we have an

89  
00:03:57,690 --> 00:03:54,220  
amine swingbed co2 removal system as an

90  
00:03:59,690 --> 00:03:57,700  
example in that area as well and we have

91  
00:04:03,449 --> 00:03:59,700  
other systems that we're building today

92  
00:04:05,250 --> 00:04:03,459  
that we intend to fly on ISS and utilize

93  
00:04:08,190 --> 00:04:05,260  
that one of those is the exploration

94  
00:04:11,420 --> 00:04:08,200  
suit that has been in development for

95  
00:04:14,820 --> 00:04:11,430  
some time it is our hope to get that

96  
00:04:17,370 --> 00:04:14,830  
developed and and on ISS and operate on

97  
00:04:19,800 --> 00:04:17,380  
ISS long enough to have the reliability

98  
00:04:23,190 --> 00:04:19,810  
confidence we'd like to use it beyond

99  
00:04:25,970 --> 00:04:23,200  
low-earth orbit we have just recently

100  
00:04:27,980 --> 00:04:25,980  
began some

101  
00:04:32,630 --> 00:04:27,990  
work in the operations arena on board

102  
00:04:34,100 --> 00:04:32,640  
ISS where we try to build procedures

103  
00:04:36,530 --> 00:04:34,110  
that are more odd that are more

104  
00:04:39,200 --> 00:04:36,540  
automated or standalone many of our

105  
00:04:41,390 --> 00:04:39,210  
procedures assume that the the ground

106  
00:04:42,680 --> 00:04:41,400  
team is there to help the crew and so we

107  
00:04:45,050 --> 00:04:42,690  
tell the crew when they reach a certain

108  
00:04:47,090 --> 00:04:45,060  
step talk to the ground the ground will

109  
00:04:49,160 --> 00:04:47,100  
look at the data and give the crew an

110  
00:04:51,620 --> 00:04:49,170  
assessment and give them a go for the

111  
00:04:54,260 --> 00:04:51,630  
next step and so what we've slowly began

112  
00:04:56,690 --> 00:04:54,270  
to do is take some of those procedures

113  
00:04:59,150 --> 00:04:56,700

and modify them so that the crew takes

114

00:05:00,800 --> 00:04:59,160

all the steps is this they're on a long

115

00:05:03,080 --> 00:05:00,810

trip and they don't have really close

116

00:05:06,920 --> 00:05:03,090

communications with the ground and and

117

00:05:08,480 --> 00:05:06,930

are able to communicate of course human

118

00:05:10,880 --> 00:05:08,490

adaptation has been something we've been

119

00:05:12,820 --> 00:05:10,890

doing for some time we have quite a bit

120

00:05:17,060 --> 00:05:12,830

of data and continue to retrieve data on

121

00:05:19,250 --> 00:05:17,070

the the survival of the human in the end

122

00:05:21,950 --> 00:05:19,260

being fit when you return after six

123

00:05:25,220 --> 00:05:21,960

month increment and it only makes sense

124

00:05:26,780 --> 00:05:25,230

that eventually we extend that to longer

125

00:05:29,720 --> 00:05:26,790

periods of time to ensure for those

126  
00:05:34,820 --> 00:05:29,730  
longer transit periods were able to us

127  
00:05:37,940 --> 00:05:34,830  
to survive and so from that that with

128  
00:05:40,670 --> 00:05:37,950  
that in mind the partnership got

129  
00:05:44,480 --> 00:05:40,680  
together and decided that it was time to

130  
00:05:47,060 --> 00:05:44,490  
consider a longer duration increment to

131  
00:05:49,490 --> 00:05:47,070  
get some initial data on on how the

132  
00:05:50,870 --> 00:05:49,500  
crews will acclimate of course our

133  
00:05:53,690 --> 00:05:50,880  
Russian colleagues have a little bit of

134  
00:05:56,540 --> 00:05:53,700  
experience in this area they have 44

135  
00:05:59,210 --> 00:05:56,550  
cases where they have over one year

136  
00:06:00,800 --> 00:05:59,220  
experience cruise or to one year to over

137  
00:06:02,990 --> 00:06:00,810  
one year experience and they have a

138  
00:06:05,120 --> 00:06:03,000

number of cases actually where they've

139

00:06:07,550 --> 00:06:05,130

gone beyond six months maybe in the

140

00:06:10,700 --> 00:06:07,560

10-month arena so there's quite a bit of

141

00:06:13,280 --> 00:06:10,710

data but we have also evolved quite a

142

00:06:15,370 --> 00:06:13,290

bit in terms of our ability to mitigate

143

00:06:17,420 --> 00:06:15,380

the effects of the microgravity

144

00:06:18,980 --> 00:06:17,430

environment on the human body and it

145

00:06:21,920 --> 00:06:18,990

would begin it'd be good to start

146

00:06:25,850 --> 00:06:21,930

getting some data utilizing these newer

147

00:06:27,920 --> 00:06:25,860

techniques and so from that outgrowth

148

00:06:30,110 --> 00:06:27,930

came this idea to have the one year

149

00:06:33,800 --> 00:06:30,120

increment the first of what I expect

150

00:06:36,410 --> 00:06:33,810

will be several perhaps not immediately

151  
00:06:38,810 --> 00:06:36,420  
following this one but i would expect us

152  
00:06:39,650 --> 00:06:38,820  
to have several along the way but this

153  
00:06:42,530 --> 00:06:39,660  
first one would

154  
00:06:46,250 --> 00:06:42,540  
you will launch the crew will launch in

155  
00:06:49,430 --> 00:06:46,260  
the springtime of 2015 will allow us to

156  
00:06:53,180 --> 00:06:49,440  
get some early data on on what it's like

157  
00:06:56,690 --> 00:06:53,190  
for our cruise to be in orbit into one

158  
00:06:58,160 --> 00:06:56,700  
year time frame so with that that

159  
00:07:00,530 --> 00:06:58,170  
agreement with our partnerships we've

160  
00:07:02,810 --> 00:07:00,540  
announced the crew is Josh mentioned and

161  
00:07:05,990 --> 00:07:02,820  
we're proceeding down the path to train

162  
00:07:09,830 --> 00:07:06,000  
the crew and build an integrated test

163  
00:07:12,710 --> 00:07:09,840

that that both crew will follow through

164

00:07:15,830 --> 00:07:12,720

the entire lifecycle pre-flight launch

165

00:07:17,420 --> 00:07:15,840

on orbit and return so that we're able

166

00:07:19,400 --> 00:07:17,430

to share the data between the entire

167

00:07:22,700 --> 00:07:19,410

partnership and gain the most from this

168

00:07:24,380 --> 00:07:22,710

this first step so with that that

169

00:07:25,850 --> 00:07:24,390

concludes my comments and I'll hand it

170

00:07:28,550 --> 00:07:25,860

to a Julie Robinson who will tell us

171

00:07:30,710 --> 00:07:28,560

more about the specifics thanks Mike

172

00:07:32,030 --> 00:07:30,720

we've been working really closely with

173

00:07:35,030 --> 00:07:32,040

our Russian colleagues especially

174

00:07:38,090 --> 00:07:35,040

professor used to Tov and in all of his

175

00:07:40,250 --> 00:07:38,100

colleagues at I MBP to define what that

176

00:07:42,050 --> 00:07:40,260

one year increment would be that work is

177

00:07:44,420 --> 00:07:42,060

still in progress so we can't tell you

178

00:07:46,100 --> 00:07:44,430

today exactly which experiments but I

179

00:07:47,900 --> 00:07:46,110

want to talk to you about the basis for

180

00:07:49,850 --> 00:07:47,910

thinking about which areas are going to

181

00:07:52,460 --> 00:07:49,860

be important and for what experiments we

182

00:07:56,690 --> 00:07:52,470

will be doing using this combined crew

183

00:07:58,909 --> 00:07:56,700

as subjects first I just want to mention

184

00:08:01,460 --> 00:07:58,919

that there really is a long experience

185

00:08:03,950 --> 00:08:01,470

as Mike said that our Russian colleagues

186

00:08:06,890 --> 00:08:03,960

have with long duration flight and I do

187

00:08:09,830 --> 00:08:06,900

have a graphic on that you can see that

188

00:08:11,180 --> 00:08:09,840

there are four Russians that have had

189

00:08:13,520 --> 00:08:11,190

the opportunity to fly more than 12

190

00:08:16,300 --> 00:08:13,530

months in space and two as well that

191

00:08:19,040 --> 00:08:16,310

have flown 10 or 11 months in space and

192

00:08:21,320 --> 00:08:19,050

but all of these crew members flew

193

00:08:22,280 --> 00:08:21,330

really during the early space fighters

194

00:08:23,870 --> 00:08:22,290

none of them have been to the

195

00:08:26,840 --> 00:08:23,880

International Space Station and in fact

196

00:08:28,730 --> 00:08:26,850

our most recent the most recent

197

00:08:32,390 --> 00:08:28,740

long-duration flight of humanity

198

00:08:33,709 --> 00:08:32,400

12-month flight was in 1999 and so a lot

199

00:08:35,300 --> 00:08:33,719

of things have changed since then all

200

00:08:36,650 --> 00:08:35,310

the lessons of mirror have been

201  
00:08:38,839 --> 00:08:36,660  
incorporated into the International

202  
00:08:41,209 --> 00:08:38,849  
Space Station and we've even moved on

203  
00:08:43,130 --> 00:08:41,219  
from our sort of International Space

204  
00:08:44,900 --> 00:08:43,140  
Station starting conditions in terms of

205  
00:08:48,070 --> 00:08:44,910  
how we maintain astronaut health and

206  
00:08:51,500 --> 00:08:48,080  
gone to sort of 2 point 0 if you will

207  
00:08:53,330 --> 00:08:51,510  
for the exercise hardware our exercise

208  
00:08:55,730 --> 00:08:53,340  
protocols our nutrition protocol

209  
00:08:58,490 --> 00:08:55,740  
also medical technologies have advanced

210  
00:09:00,650 --> 00:08:58,500  
significantly significantly since 1999

211  
00:09:02,150 --> 00:09:00,660  
and so it's a our Russian colleagues

212  
00:09:04,460 --> 00:09:02,160  
came to us and thought it was a good

213  
00:09:06,650 --> 00:09:04,470

time to start looking at this originally

214

00:09:07,910 --> 00:09:06,660

on the NASA side i would say we had been

215

00:09:10,940 --> 00:09:07,920

thinking about waiting a little while

216

00:09:12,470 --> 00:09:10,950

and working on some of the the shorter

217

00:09:15,260 --> 00:09:12,480

duration meaning six month increments

218

00:09:16,790 --> 00:09:15,270

which isn't really short problems but as

219

00:09:20,150 --> 00:09:16,800

we talk to them about it we saw

220

00:09:21,980 --> 00:09:20,160

significant value in doing a sort of a

221

00:09:24,080 --> 00:09:21,990

spot check and so i want to show you a

222

00:09:26,420 --> 00:09:24,090

couple of very simple graphs that give

223

00:09:27,860 --> 00:09:26,430

you a sense of why that difference

224

00:09:30,170 --> 00:09:27,870

between six months and twelve months

225

00:09:31,910 --> 00:09:30,180

could be important so what you see here

226

00:09:33,560 --> 00:09:31,920

is sort of a representation of the

227

00:09:36,380 --> 00:09:33,570

effects of the human on the human body

228

00:09:38,360 --> 00:09:36,390

of being in space and right now today I

229

00:09:40,160 --> 00:09:38,370

would say we know a lot about zero to

230

00:09:41,450 --> 00:09:40,170

six months due to our experience on the

231

00:09:43,490 --> 00:09:41,460

International Space Station and

232

00:09:46,880 --> 00:09:43,500

depending on the system we're looking at

233

00:09:48,530 --> 00:09:46,890

you can have some things where the

234

00:09:50,870 --> 00:09:48,540

effect happens very early in spaceflight

235

00:09:53,660 --> 00:09:50,880

and then it sort of levels out and there

236

00:09:56,360 --> 00:09:53,670

isn't an ongoing concern you can also

237

00:09:58,160 --> 00:09:56,370

have cases where we think there's just a

238

00:09:59,630 --> 00:09:58,170

constant rate of impact and the longer

239

00:10:01,850 --> 00:09:59,640

you're there it's just a nice linear

240

00:10:03,920 --> 00:10:01,860

process and then there are certain risks

241

00:10:05,570 --> 00:10:03,930

or challenges to the human body that we

242

00:10:07,940 --> 00:10:05,580

know are there but we think that they're

243

00:10:12,500 --> 00:10:07,950

small enough that they're probably not a

244

00:10:13,910 --> 00:10:12,510

problem if you look at the graph on the

245

00:10:16,760 --> 00:10:13,920

right side you see a big question mark

246

00:10:20,630 --> 00:10:16,770

because we really don't understand with

247

00:10:23,840 --> 00:10:20,640

the same level of process what goes on

248

00:10:26,180 --> 00:10:23,850

after six to 12 months because measures

249

00:10:27,980 --> 00:10:26,190

were a lot different 20 years ago when

250

00:10:29,630 --> 00:10:27,990

the last twelve-month crew members flew

251

00:10:31,370 --> 00:10:29,640

even as we discuss these with our

252

00:10:33,650 --> 00:10:31,380

Russian colleagues so if I could have

253

00:10:35,570 --> 00:10:33,660

the next chart I'll show you some

254

00:10:38,540 --> 00:10:35,580

possibilities that we could discover for

255

00:10:40,610 --> 00:10:38,550

different systems so in that first blue

256

00:10:42,230 --> 00:10:40,620

line that early effect if things are the

257

00:10:44,090 --> 00:10:42,240

way we think they are we what we've

258

00:10:45,380 --> 00:10:44,100

learned in a 12-month increment is that

259

00:10:47,150 --> 00:10:45,390

we definitely don't have any other

260

00:10:49,070 --> 00:10:47,160

problems to worry about we can just

261

00:10:51,380 --> 00:10:49,080

focus on short duration studies to solve

262

00:10:54,230 --> 00:10:51,390

that problem if we have a constant rate

263

00:10:55,490 --> 00:10:54,240

then we know that that indeed problem is

264

00:10:57,140 --> 00:10:55,500

going to get bigger and bigger the

265

00:10:58,400 --> 00:10:57,150

longer we stay in orbit and that affects

266

00:11:01,040 --> 00:10:58,410

the way that we develop our

267

00:11:02,930 --> 00:11:01,050

countermeasures to the problem but

268

00:11:05,000 --> 00:11:02,940

what's really important if you look at

269

00:11:06,740 --> 00:11:05,010

that bottom line is that it's possible

270

00:11:08,540 --> 00:11:06,750

there are some things that we think

271

00:11:10,310 --> 00:11:08,550

are a constant low rate that we haven't

272

00:11:12,650 --> 00:11:10,320

identified as a problem and could have a

273

00:11:15,440 --> 00:11:12,660

late effect and if we identify that late

274

00:11:17,900 --> 00:11:15,450

effect in 9 to 12 month range that could

275

00:11:19,610 --> 00:11:17,910

become a significant risk for human

276

00:11:21,920 --> 00:11:19,620

space flight long-duration missions and

277

00:11:23,600 --> 00:11:21,930

we wouldn't be looking at it today at

278

00:11:24,950 --> 00:11:23,610

the same time it's also possible that's

279

00:11:27,020 --> 00:11:24,960

a low constant rate and it really never

280

00:11:30,110 --> 00:11:27,030

becomes a problem and so this kind of

281

00:11:31,550 --> 00:11:30,120

gives you in a try to make it a pretty

282

00:11:33,170 --> 00:11:31,560

simple form but it gives you a sense of

283

00:11:36,740 --> 00:11:33,180

what scientists have to think about as

284

00:11:38,180 --> 00:11:36,750

we go through the many dozens of risks

285

00:11:40,070 --> 00:11:38,190

that were looking at for human

286

00:11:41,150 --> 00:11:40,080

spaceflight and think about what

287

00:11:44,090 --> 00:11:41,160

experiments we would do in a

288

00:11:47,810 --> 00:11:44,100

long-duration mission so in working with

289

00:11:49,190 --> 00:11:47,820

our Russian colleagues to develop the

290

00:11:50,990 --> 00:11:49,200

science plan we've been having a lot of

291

00:11:52,460 --> 00:11:51,000

discussions of different systems and of

292

00:11:54,440 --> 00:11:52,470

course the key variable is to look at

293

00:11:57,290 --> 00:11:54,450

that time period and although two

294

00:11:59,420 --> 00:11:57,300

crewmembers doesn't amount to a complete

295

00:12:01,700 --> 00:11:59,430

study it does give us a sort of a spot

296

00:12:03,980 --> 00:12:01,710

check so if you see those graphs I just

297

00:12:05,960 --> 00:12:03,990

showed it will give us a sense of if a

298

00:12:07,550 --> 00:12:05,970

couple of crew members are up in the

299

00:12:09,320 --> 00:12:07,560

danger range on something that we've

300

00:12:11,870 --> 00:12:09,330

measured it tells us we need to redesign

301  
00:12:14,030 --> 00:12:11,880  
our programs we may need to look at more

302  
00:12:16,490 --> 00:12:14,040  
longer duration crew members by the same

303  
00:12:18,320 --> 00:12:16,500  
token if things match the patterns we

304  
00:12:20,270 --> 00:12:18,330  
understand it also gives us comfort in

305  
00:12:22,430 --> 00:12:20,280  
continuing with six month increments as

306  
00:12:25,460 --> 00:12:22,440  
our primary research focus so it's a

307  
00:12:27,770 --> 00:12:25,470  
very useful kind of a check for us so

308  
00:12:29,870 --> 00:12:27,780  
the studies that we'll be doing jointly

309  
00:12:32,360 --> 00:12:29,880  
with our Russian colleagues are going to

310  
00:12:36,910 --> 00:12:32,370  
be in we believe about seven different

311  
00:12:39,440 --> 00:12:36,920  
areas of focus and those studies will be

312  
00:12:40,850 --> 00:12:39,450  
jointly executed so that they're done on

313  
00:12:43,100 --> 00:12:40,860

both crewmembers the same way and that

314

00:12:45,770 --> 00:12:43,110

allows us both to have efficiencies and

315

00:12:47,120 --> 00:12:45,780

to have a little bit of statistical

316

00:12:49,160 --> 00:12:47,130

variability and looking at those two

317

00:12:50,540 --> 00:12:49,170

crewmembers they'll be very similar to

318

00:12:52,550 --> 00:12:50,550

the studies that we're doing on the

319

00:12:54,800 --> 00:12:52,560

cruise right now which allows us to

320

00:12:56,840 --> 00:12:54,810

compare between the 12-month data points

321

00:12:59,480 --> 00:12:56,850

and the six-month data points and even

322

00:13:01,579 --> 00:12:59,490

will allow us to compare for Scott

323

00:13:03,140 --> 00:13:01,589

amisha data to their previous space

324

00:13:05,450 --> 00:13:03,150

flight experience and so that's also

325

00:13:06,680 --> 00:13:05,460

quite helpful the first one of the first

326

00:13:08,570 --> 00:13:06,690

areas that we're looking at of course

327

00:13:11,270 --> 00:13:08,580

are the vision impacts and intracranial

328

00:13:13,790 --> 00:13:11,280

pressure this is a new discovery that

329

00:13:15,380 --> 00:13:13,800

was made jointly over the last couple of

330

00:13:18,290 --> 00:13:15,390

years where we discovered that some crew

331

00:13:20,600 --> 00:13:18,300

members are having some pressure in

332

00:13:22,460 --> 00:13:20,610

there intracranial pressure pressure in

333

00:13:24,530 --> 00:13:22,470

or you know vein system in their brains

334

00:13:26,990 --> 00:13:24,540

and their spinal cords especially and

335

00:13:29,569 --> 00:13:27,000

that that was causing in some crew

336

00:13:30,889 --> 00:13:29,579

members a vision impact that could be

337

00:13:32,720 --> 00:13:30,899

permanent on the ground and so that's

338

00:13:35,810 --> 00:13:32,730

one area that we're very interested in

339

00:13:37,430 --> 00:13:35,820

understanding because it's so new other

340

00:13:38,810 --> 00:13:37,440

areas and I have just a couple of

341

00:13:40,040 --> 00:13:38,820

visuals to go with these because I'm

342

00:13:41,389 --> 00:13:40,050

just going to mention them in a very

343

00:13:43,610 --> 00:13:41,399

high level but you'll see pictures of

344

00:13:45,980 --> 00:13:43,620

crew members on orbit over the last few

345

00:13:48,170 --> 00:13:45,990

months doing activities related to these

346

00:13:50,360 --> 00:13:48,180

same kinds of experiments so the next

347

00:13:52,009 --> 00:13:50,370

area will be looking at is exercise

348

00:13:55,090 --> 00:13:52,019

nutrition and bone loss we've made

349

00:13:57,079 --> 00:13:55,100

significant accomplishments in

350

00:13:58,250 --> 00:13:57,089

protecting bone and crew members in a

351

00:14:00,170 --> 00:13:58,260

six-month mission and that's been a

352

00:14:02,389 --> 00:14:00,180

problem out there since the Gemini

353

00:14:04,940 --> 00:14:02,399

missions and we now know how to maintain

354

00:14:06,500 --> 00:14:04,950

crew bone in a six-month mission so it

355

00:14:08,750 --> 00:14:06,510

will be really nice to see how well

356

00:14:10,069 --> 00:14:08,760

those protocols perform in a 12-month

357

00:14:11,509 --> 00:14:10,079

mission and those of course weren't

358

00:14:13,790 --> 00:14:11,519

available back in those mere days so

359

00:14:15,800 --> 00:14:13,800

it's a very great check for us we'll

360

00:14:17,420 --> 00:14:15,810

also be looking at immune function

361

00:14:19,759 --> 00:14:17,430

that's something where we really don't

362

00:14:21,110 --> 00:14:19,769

understand the process and so looking at

363

00:14:24,079 --> 00:14:21,120

what that does over 12 months is

364

00:14:25,699 --> 00:14:24,089

important neuro vestibular affects the

365

00:14:27,650 --> 00:14:25,709

longer that you've adapted to being in

366

00:14:29,120 --> 00:14:27,660

spaceflight the more difficult you may

367

00:14:31,430 --> 00:14:29,130

more difficulty you may have been

368

00:14:34,009 --> 00:14:31,440

returning to earth and so we're having

369

00:14:36,079 --> 00:14:34,019

some great interchanges with our Russian

370

00:14:37,790 --> 00:14:36,089

colleagues about what are the right test

371

00:14:39,769 --> 00:14:37,800

to do especially post flight and the

372

00:14:42,500 --> 00:14:39,779

NASA side we typically do something

373

00:14:44,000 --> 00:14:42,510

called functional task test our Russian

374

00:14:45,319 --> 00:14:44,010

colleagues do something as well and

375

00:14:48,400 --> 00:14:45,329

we're looking at merging those together

376

00:14:51,319 --> 00:14:48,410

into a dynamic set of data collections

377

00:14:52,759 --> 00:14:51,329

another area where long duration may be

378

00:14:54,860 --> 00:14:52,769

significantly different than short

379

00:14:57,800 --> 00:14:54,870

duration is in behavior performance and

380

00:14:59,900 --> 00:14:57,810

crew interactions and so they'll be some

381

00:15:02,480 --> 00:14:59,910

work in that area in some investigations

382

00:15:04,610 --> 00:15:02,490

in that area and then radiation

383

00:15:05,750 --> 00:15:04,620

biomarkers is an important area because

384

00:15:08,000 --> 00:15:05,760

that's one of those straight linear

385

00:15:09,800 --> 00:15:08,010

processes the longer duration you're

386

00:15:11,630 --> 00:15:09,810

there the more radiation you're you're

387

00:15:14,060 --> 00:15:11,640

you're getting in a very linear fashion

388

00:15:16,250 --> 00:15:14,070

and so 12-month mission is an important

389

00:15:18,290 --> 00:15:16,260

one for looking at that we don't really

390

00:15:20,060 --> 00:15:18,300

do a lot of focus on radiation

391

00:15:21,769 --> 00:15:20,070

biomarkers and short duration missions

392

00:15:23,689 --> 00:15:21,779

because the accumulation is low enough

393

00:15:26,060 --> 00:15:23,699

that that we really think we know how to

394

00:15:28,329 --> 00:15:26,070

handle that pretty well and then finally

395

00:15:30,889 --> 00:15:28,339

we'll be looking at training approaches

396

00:15:32,329 --> 00:15:30,899

because one big difference between a

397

00:15:34,400 --> 00:15:32,339

six-month mission and a one-year mission

398

00:15:38,269 --> 00:15:34,410

and it's a difference that also happens

399

00:15:40,340 --> 00:15:38,279

on a Mars mission is that you have to

400

00:15:42,980 --> 00:15:40,350

train a long time before you do certain

401  
00:15:44,960 --> 00:15:42,990  
activities and so doing everything on

402  
00:15:46,819 --> 00:15:44,970  
the ground and then trying to remember

403  
00:15:48,769 --> 00:15:46,829  
that for until you need to know that

404  
00:15:50,509 --> 00:15:48,779  
information in orbit it's maybe not the

405  
00:15:52,129 --> 00:15:50,519  
best way to train and execute some of

406  
00:15:54,350 --> 00:15:52,139  
those missions and so we'll have some

407  
00:15:56,300 --> 00:15:54,360  
studies both of how we do operations and

408  
00:15:59,840 --> 00:15:56,310  
how we do training to help facilitate

409  
00:16:02,090 --> 00:15:59,850  
this mission so when we when we do these

410  
00:16:03,949 --> 00:16:02,100  
kinds of studies and we're really pretty

411  
00:16:05,420 --> 00:16:03,959  
excited about the final plan that we

412  
00:16:08,389 --> 00:16:05,430  
should have in place in the January

413  
00:16:11,720 --> 00:16:08,399

timeframe as we put that final plan

414

00:16:13,879 --> 00:16:11,730

together I think both we n and I MVP are

415

00:16:16,369 --> 00:16:13,889

really conscious of the fact that as we

416

00:16:18,550 --> 00:16:16,379

make these applied discoveries and add

417

00:16:21,350 --> 00:16:18,560

more knowledge to our understanding of

418

00:16:23,090 --> 00:16:21,360

supporting the human body in space those

419

00:16:25,009 --> 00:16:23,100

do help us with our future space flight

420

00:16:26,540 --> 00:16:25,019

plans but they of course also give us

421

00:16:29,269 --> 00:16:26,550

information that comes right back down

422

00:16:30,769 --> 00:16:29,279

here on earth and so it's really a great

423

00:16:33,290 --> 00:16:30,779

opportunity for the space station

424

00:16:35,389 --> 00:16:33,300

program to get some early insight into

425

00:16:36,499 --> 00:16:35,399

12-month missions and what we need to do

426  
00:16:39,439 --> 00:16:36,509  
to get the most out of the space station

427  
00:16:41,059 --> 00:16:39,449  
both for our future exploration needs as

428  
00:16:43,939 --> 00:16:41,069  
well as for improving human health on

429  
00:16:46,970 --> 00:16:43,949  
earth and with that let me hand off to

430  
00:16:48,920 --> 00:16:46,980  
Bob Thank You Julie I think we've had a

431  
00:16:50,960 --> 00:16:48,930  
good outline of the use of the space

432  
00:16:52,939 --> 00:16:50,970  
station we've had a good outline of the

433  
00:16:55,009 --> 00:16:52,949  
science objectives that may be a part of

434  
00:16:56,269 --> 00:16:55,019  
the upcoming out one year flight but I

435  
00:16:58,189 --> 00:16:56,279  
wanted to share a little bit with you

436  
00:17:00,259 --> 00:16:58,199  
about the operational way that will go

437  
00:17:02,179 --> 00:17:00,269  
off and execute this our Russian

438  
00:17:04,159 --> 00:17:02,189

colleagues may have some more detail to

439

00:17:06,860 --> 00:17:04,169

it but it did play into our our

440

00:17:09,439 --> 00:17:06,870

selection of the eventual crew that we

441

00:17:11,929 --> 00:17:09,449

we named to the one year flight this

442

00:17:13,579 --> 00:17:11,939

execution of a one-year mission requires

443

00:17:16,549 --> 00:17:13,589

us to do things a little bit differently

444

00:17:18,340 --> 00:17:16,559

than we normally do for Soyuz cruise so

445

00:17:21,460 --> 00:17:18,350

use crews are normally put together

446

00:17:23,840 --> 00:17:21,470

primarily trained as a three-person team

447

00:17:25,340 --> 00:17:23,850

launched into space and then return

448

00:17:27,829 --> 00:17:25,350

together as a part of that same

449

00:17:29,600 --> 00:17:27,839

three-person team they may overlap with

450

00:17:32,480 --> 00:17:29,610

some crews on orbit and have to be

451  
00:17:34,630 --> 00:17:32,490  
prepared to do emergency response it

452  
00:17:37,850 --> 00:17:34,640  
should that be required on board the ISS

453  
00:17:39,890 --> 00:17:37,860  
but they do maintain that core group of

454  
00:17:42,260 --> 00:17:39,900  
three individuals throughout most of

455  
00:17:45,740 --> 00:17:42,270  
their training for the one-year crew

456  
00:17:46,880 --> 00:17:45,750  
since the Soyuz is rotated out every six

457  
00:17:49,250 --> 00:17:46,890  
months they have a little

458  
00:17:51,770 --> 00:17:49,260  
but different training template training

459  
00:17:53,690 --> 00:17:51,780  
requirements they have a case where two

460  
00:17:56,720 --> 00:17:53,700  
of our crew members will launch on a

461  
00:17:59,210 --> 00:17:56,730  
Soyuz with the Soyuz commander and be a

462  
00:18:01,880 --> 00:17:59,220  
three-person unit just for the acent

463  
00:18:05,210 --> 00:18:01,890

phase and then the beginning portion of

464

00:18:07,190 --> 00:18:05,220

their time onboard the ISS when the time

465

00:18:10,370 --> 00:18:07,200

comes six months later for that so used

466

00:18:11,930 --> 00:18:10,380

to be rotated out they'll wave goodbye

467

00:18:13,940 --> 00:18:11,940

to one of their crew members that

468

00:18:17,690 --> 00:18:13,950

they've shared so much time on orbit

469

00:18:20,210 --> 00:18:17,700

with and join a new crew if you will

470

00:18:23,750 --> 00:18:20,220

with a single new crew member while they

471

00:18:25,730 --> 00:18:23,760

remain onboard the ISS later six months

472

00:18:28,160 --> 00:18:25,740

after that at the 12-month point they'll

473

00:18:29,960 --> 00:18:28,170

return with that new Soyuz commander

474

00:18:31,370 --> 00:18:29,970

that arrived with them so that's a

475

00:18:33,890 --> 00:18:31,380

little bit different than the way we

476  
00:18:36,230 --> 00:18:33,900  
normally do business and that our crew

477  
00:18:39,170 --> 00:18:36,240  
for the one-year mission is actually a

478  
00:18:41,570 --> 00:18:39,180  
multiple crews they'll be executing

479  
00:18:44,210 --> 00:18:41,580  
their their training for ascent with one

480  
00:18:45,800 --> 00:18:44,220  
Soyuz commander executing their training

481  
00:18:48,770 --> 00:18:45,810  
for entry with a different Soyuz

482  
00:18:51,500 --> 00:18:48,780  
commander on top of that they'll also be

483  
00:18:53,860 --> 00:18:51,510  
preparing for any onboard emergency

484  
00:18:56,930 --> 00:18:53,870  
response or to execute the mission

485  
00:18:59,540 --> 00:18:56,940  
normally that goes on on a daily basis

486  
00:19:02,330 --> 00:18:59,550  
onboard the ISS with several different

487  
00:19:04,250 --> 00:19:02,340  
groups of crew members based on the

488  
00:19:05,900 --> 00:19:04,260

visiting vehicles that arrive and of

489

00:19:08,330 --> 00:19:05,910

course as I mentioned that rotation of

490

00:19:10,100 --> 00:19:08,340

that test soyuz commander so that's in

491

00:19:12,110 --> 00:19:10,110

and of itself drives our training

492

00:19:13,370 --> 00:19:12,120

template to be slightly different for

493

00:19:15,920 --> 00:19:13,380

our one year crew members then it's

494

00:19:17,780 --> 00:19:15,930

historically been for the six month six

495

00:19:19,190 --> 00:19:17,790

months days which is an interesting

496

00:19:20,720 --> 00:19:19,200

challenge and it's a new way of doing

497

00:19:24,260 --> 00:19:20,730

business which is I think part of the

498

00:19:26,930 --> 00:19:24,270

purpose of the our activities onboard

499

00:19:29,930 --> 00:19:26,940

the ISS to continue to explore new ways

500

00:19:32,120 --> 00:19:29,940

of executing the mission or doing things

501  
00:19:34,340 --> 00:19:32,130  
that are more analogous to what we would

502  
00:19:37,640 --> 00:19:34,350  
do in an exploration mission downstream

503  
00:19:40,190 --> 00:19:37,650  
other criteria in addition to this need

504  
00:19:41,900 --> 00:19:40,200  
to find a crew member who could fit in

505  
00:19:44,750 --> 00:19:41,910  
with several different crews and be

506  
00:19:47,180 --> 00:19:44,760  
successful at that we needed to select a

507  
00:19:50,000 --> 00:19:47,190  
space station commander at least on the

508  
00:19:53,570 --> 00:19:50,010  
US side the person that we eventually

509  
00:19:55,370 --> 00:19:53,580  
selected will be required to execute as

510  
00:19:57,080 --> 00:19:55,380  
the space station commander for two

511  
00:19:58,520 --> 00:19:57,090  
different increments that's a little bit

512  
00:19:59,750 --> 00:19:58,530  
different than the way we normally do

513  
00:20:02,540 --> 00:19:59,760

business

514

00:20:05,120 --> 00:20:02,550

that crew member was also required to be

515

00:20:07,010 --> 00:20:05,130

able to execute spacewalks of course a

516

00:20:09,530 --> 00:20:07,020

robotics operation should any be

517

00:20:12,080 --> 00:20:09,540

required capture any freely free flyer

518

00:20:14,600 --> 00:20:12,090

cargo vehicles that may arrive so a wide

519

00:20:16,910 --> 00:20:14,610

range of a kind of standard requirements

520

00:20:20,030 --> 00:20:16,920

on top of that ability to fit in with a

521

00:20:22,550 --> 00:20:20,040

multiple crews in addition Julie

522

00:20:24,230 --> 00:20:22,560

mentioned some of the phenomenon that we

523

00:20:26,120 --> 00:20:24,240

would be investigating throughout the

524

00:20:29,690 --> 00:20:26,130

one year she particularly brought up the

525

00:20:32,480 --> 00:20:29,700

vision impairment and inter-cranial

526

00:20:34,520 --> 00:20:32,490

pressure issue the VIP phenomenon we

527

00:20:37,310 --> 00:20:34,530

needed to protect from a medical

528

00:20:40,220 --> 00:20:37,320

perspective that our one-year crewmember

529

00:20:42,950 --> 00:20:40,230

would not necessarily have a severe a

530

00:20:45,590 --> 00:20:42,960

manifestation of that phenomenon so that

531

00:20:47,270 --> 00:20:45,600

we would be able to have confidence that

532

00:20:50,000 --> 00:20:47,280

in a one-year mission they would be able

533

00:20:51,950 --> 00:20:50,010

to safely execute it in addition to that

534

00:20:53,860 --> 00:20:51,960

radiation of course is always something

535

00:20:57,110 --> 00:20:53,870

that we need to manage from our

536

00:20:58,870 --> 00:20:57,120

astronaut career perspectives to

537

00:21:02,030 --> 00:20:58,880

minimize the overall dose throughout

538

00:21:04,370 --> 00:21:02,040

focuses career so with that all of those

539

00:21:06,470 --> 00:21:04,380

factors combined the training

540

00:21:08,990 --> 00:21:06,480

requirements the qualifications for

541

00:21:11,300 --> 00:21:09,000

execution on orbit and then the medical

542

00:21:14,930 --> 00:21:11,310

requirements reduced our pool of

543

00:21:17,930 --> 00:21:14,940

available astronauts to a relatively

544

00:21:20,030 --> 00:21:17,940

small group having started with all of

545

00:21:22,520 --> 00:21:20,040

our NASA astronauts who had long

546

00:21:24,680 --> 00:21:22,530

duration experience and whittled it down

547

00:21:26,810 --> 00:21:24,690

to ones that had that long duration

548

00:21:29,660 --> 00:21:26,820

experience so that they would be good

549

00:21:31,670 --> 00:21:29,670

medical candidates and allow us to

550

00:21:34,040 --> 00:21:31,680

compare the the one-year mission with

551  
00:21:36,020 --> 00:21:34,050  
their six year mission we were able to

552  
00:21:38,780 --> 00:21:36,030  
whittle it down to a relatively small

553  
00:21:41,900 --> 00:21:38,790  
group and then a relatively small group

554  
00:21:45,260 --> 00:21:41,910  
that was extremely qualified of that

555  
00:21:47,390 --> 00:21:45,270  
group Scott Kelly on the US side was the

556  
00:21:50,090 --> 00:21:47,400  
the best balance of all of those needs

557  
00:21:53,030 --> 00:21:50,100  
for a one-year mission both as a

558  
00:21:55,190 --> 00:21:53,040  
commander both as a highly successful of

559  
00:21:58,010 --> 00:21:55,200  
long-duration crew member in the past a

560  
00:22:00,140 --> 00:21:58,020  
successful shuttle commander and so I

561  
00:22:02,750 --> 00:22:00,150  
think along with everyone else has a

562  
00:22:04,850 --> 00:22:02,760  
extremely high confidence that along

563  
00:22:06,470 --> 00:22:04,860

with Misha he'll make a an excellent a

564

00:22:09,260 --> 00:22:06,480

one-year crew member from the NASA

565

00:22:12,570 --> 00:22:09,270

perspective I will throw out there that

566

00:22:14,970 --> 00:22:12,580

while we're expecting great success from

567

00:22:16,980 --> 00:22:14,980

that's a 10 increments from now we've

568

00:22:19,139 --> 00:22:16,990

got a lot of great crews that are also

569

00:22:21,480 --> 00:22:19,149

we're expecting great things from as we

570

00:22:25,590 --> 00:22:21,490

as we work our way toward towards the

571

00:22:27,029 --> 00:22:25,600

one-year mission okay that is going to

572

00:22:28,440 --> 00:22:27,039

wrap up the opening statements from here

573

00:22:31,080 --> 00:22:28,450

in Houston we're now going to go to

574

00:22:42,159 --> 00:22:31,090

Moscow and hear from mr. Krasnov mr.

575

00:22:49,879 --> 00:22:45,560

what's a Macaulay jia liu xia and

576

00:22:52,639 --> 00:22:49,889

friends no no I gotta make the move over

577

00:22:54,320 --> 00:22:52,649

zonda for me I would like to add some

578

00:22:58,009 --> 00:22:54,330

comments to what our colleagues have

579

00:23:01,070 --> 00:22:58,019

already said yes the idea itself of the

580

00:23:04,430 --> 00:23:01,080

one year flight not soon as his

581

00:23:09,109 --> 00:23:04,440

soaps in the Russian community exists

582

00:23:12,409 --> 00:23:09,119

for a long time to Gaza known as they

583

00:23:18,229 --> 00:23:12,419

rightly said we have this experience of

584

00:23:22,219 --> 00:23:18,239

long-duration flights the last flight of

585

00:23:25,909 --> 00:23:22,229

this duration was rather long ago and we

586

00:23:29,479 --> 00:23:25,919

would like to renew all the new puppy

587

00:23:32,959 --> 00:23:29,489

this experience and compare the data

588

00:23:35,690 --> 00:23:32,969

that we have accumulated with the data

589

00:23:38,690 --> 00:23:35,700

that we will be able to get on the new

590

00:23:41,299 --> 00:23:38,700

level of development first of all of

591

00:23:43,729 --> 00:23:41,309

course it's medical science experiments

592

00:23:53,109 --> 00:23:43,739

and research will be sure this is not

593

00:23:59,930 --> 00:23:53,119

school during the year 2016 this second

594

00:24:05,419 --> 00:23:59,940

point that we have the time to maintain

595

00:24:07,820 --> 00:24:05,429

station until the year at 2020 and the

596

00:24:09,919 --> 00:24:07,830

time is short there are many things that

597

00:24:12,700 --> 00:24:09,929

we don't know in spite of the fact that

598

00:24:15,919 --> 00:24:12,710

we have a lot of experience of

599

00:24:19,779 --> 00:24:15,929

spaceflight I would like to show you a

600

00:24:23,869 --> 00:24:19,789

table across these dogs you have this

601  
00:24:28,869 --> 00:24:23,879  
red columns the medical personnel was

602  
00:24:32,659 --> 00:24:28,879  
telling us about the risks so these red

603  
00:24:36,709 --> 00:24:32,669  
squares here represent the risks you see

604  
00:24:40,099 --> 00:24:36,719  
how many risks there are so they

605  
00:24:43,369 --> 00:24:40,109  
demonstrate our readiness for the long

606  
00:24:49,099 --> 00:24:43,379  
duration of flights to the moon to the

607  
00:24:54,230 --> 00:24:49,109  
asteroid and to Mars eventually so in

608  
00:24:56,690 --> 00:24:54,240  
this connection we have reached this con

609  
00:25:00,590 --> 00:24:56,700  
illusion together with our partners and

610  
00:25:03,770 --> 00:25:00,600  
colleagues risky that we should take

611  
00:25:07,790 --> 00:25:03,780  
some risks upon ourselves risks

612  
00:25:11,240 --> 00:25:07,800  
connected with a one-year mission and

613  
00:25:13,460 --> 00:25:11,250

we'll try to determine the negative

614

00:25:18,100 --> 00:25:13,470

impact that this long duration flight

615

00:25:22,220 --> 00:25:18,110

might have on the body on the human body

616

00:25:26,410 --> 00:25:22,230

and so we are working out of the program

617

00:25:30,710 --> 00:25:26,420

that has the scientific part to it and

618

00:25:34,340 --> 00:25:30,720

also operational part 8 as a preparation

619

00:25:36,830 --> 00:25:34,350

for the long-duration flights this

620

00:25:39,910 --> 00:25:36,840

program is connected with the new

621

00:25:41,780 --> 00:25:39,920

technology testing of course technology

622

00:25:47,270 --> 00:25:41,790

connected first of all to the life

623

00:25:50,810 --> 00:25:47,280

supporting system systems systems of the

624

00:25:54,500 --> 00:25:50,820

closed cycle so to say a water

625

00:25:57,700 --> 00:25:54,510

processing for example good with the

626  
00:26:00,950 --> 00:25:57,710  
system that will enable to use the water

627  
00:26:06,290 --> 00:26:00,960  
again and again also atmosphere

628  
00:26:10,010 --> 00:26:06,300  
purification systems systems that clean

629  
00:26:14,570 --> 00:26:10,020  
atmosphere from impurities also would

630  
00:26:18,400 --> 00:26:14,580  
like to test hygienic procedures we will

631  
00:26:20,690 --> 00:26:18,410  
probably have to go back to some things

632  
00:26:22,910 --> 00:26:20,700  
you know that are already almost

633  
00:26:27,320 --> 00:26:22,920  
forgotten for example maybe the

634  
00:26:30,890 --> 00:26:27,330  
procedures of wet wet procedures so to

635  
00:26:34,340 --> 00:26:30,900  
say cleaning of body and hair using

636  
00:26:37,160 --> 00:26:34,350  
water I think we should revisit these

637  
00:26:40,190 --> 00:26:37,170  
procedures serious illness what was me

638  
00:26:44,060 --> 00:26:40,200

also a lot of issues will be connected

639

00:26:47,740 --> 00:26:44,070

with the rehabilitation of human body

640

00:26:54,110 --> 00:26:47,750

after the long duration flight in space

641

00:26:58,520 --> 00:26:54,120

so we will have to test some new devices

642

00:27:00,260 --> 00:26:58,530

like for example treadmill and other

643

00:27:03,250 --> 00:27:00,270

things that are being developed at the

644

00:27:05,000 --> 00:27:03,260

IBM p so there's a whole complex of

645

00:27:08,120 --> 00:27:05,010

issues

646

00:27:12,250 --> 00:27:08,130

that we would like to test on more de

647

00:27:16,810 --> 00:27:12,260

station during one year it will be just

648

00:27:19,700 --> 00:27:16,820

pure research and also practical tasks

649

00:27:22,580 --> 00:27:19,710

of course we understand that in

650

00:27:24,770 --> 00:27:22,590

perspective maybe in 10 years time

651  
00:27:29,600 --> 00:27:24,780  
according to our assessment we will

652  
00:27:33,590 --> 00:27:29,610  
approach closely they need to go to a

653  
00:27:36,040 --> 00:27:33,600  
different level low Earth orbit I cannot

654  
00:27:39,230 --> 00:27:36,050  
say that it is you know we have finished

655  
00:27:43,820 --> 00:27:39,240  
researching and testing everything in

656  
00:27:47,200 --> 00:27:43,830  
this environment but it is clear that we

657  
00:27:50,870 --> 00:27:47,210  
have to go beyond the low Earth orbit

658  
00:27:54,110 --> 00:27:50,880  
Brazil a nice girl who's not into deep

659  
00:28:00,010 --> 00:27:54,120  
space and it will probably be connected

660  
00:28:03,470 --> 00:28:00,020  
with moon at first then maybe the other

661  
00:28:11,050 --> 00:28:03,480  
what is like asteroids so we will try to

662  
00:28:16,160 --> 00:28:11,060  
realize the long dream of scientists to

663  
00:28:19,130 --> 00:28:16,170

step on something that hadn't been tried

664

00:28:24,800 --> 00:28:19,140

before like Mars surface for example so

665

00:28:29,180 --> 00:28:24,810

i hope this one year duration expedition

666

00:28:31,400 --> 00:28:29,190

will help us to achieve these tasks so

667

00:28:35,990 --> 00:28:31,410

if you look at this red squares there

668

00:28:38,720 --> 00:28:36,000

are seven areas and julie robinson has

669

00:28:41,990 --> 00:28:38,730

already mentioned the areas that we will

670

00:28:44,840 --> 00:28:42,000

pay the utmost attention to mostly they

671

00:28:46,790 --> 00:28:44,850

are connected with medical issues so

672

00:28:50,050 --> 00:28:46,800

hopefully we will move on from the red

673

00:28:54,890 --> 00:28:50,060

to yellow and then eventually to green

674

00:28:56,690 --> 00:28:54,900

and that we will be able to meet the

675

00:28:58,430 --> 00:28:56,700

risks and to mitigate the risks

676  
00:29:01,790 --> 00:28:58,440  
connected with the long-duration flight

677  
00:29:05,570 --> 00:29:01,800  
eventually also I would like to say it

678  
00:29:10,160 --> 00:29:05,580  
won't be the only one of flight of this

679  
00:29:14,570 --> 00:29:10,170  
duration right now we are still hesitant

680  
00:29:16,760 --> 00:29:14,580  
to take some other decisions right now

681  
00:29:18,910 --> 00:29:16,770  
we decided on this particular flight

682  
00:29:25,910 --> 00:29:18,920  
that will fly in

683  
00:29:30,890 --> 00:29:25,920  
20 2015 in the preparation for this

684  
00:29:36,370 --> 00:29:30,900  
flight with you master builder I think

685  
00:29:42,350 --> 00:29:36,380  
we will be able to reach some new goals

686  
00:29:45,110 --> 00:29:42,360  
somewhere around 2018 maybe it sounds

687  
00:29:48,650 --> 00:29:45,120  
like a science fiction you know to have

688  
00:29:52,880 --> 00:29:48,660

this very long duration of light in

689

00:29:55,400 --> 00:29:52,890

space and then you know that will be in

690

00:29:58,640 --> 00:29:55,410

space as long as it is required to reach

691

00:30:01,880 --> 00:29:58,650

Mars surface and then to receive them on

692

00:30:04,370 --> 00:30:01,890

earth so it might sound like science

693

00:30:07,220 --> 00:30:04,380

fiction now but we are already working

694

00:30:10,880 --> 00:30:07,230

with our colleagues we will try to

695

00:30:15,770 --> 00:30:10,890

simulate this flight first and then to

696

00:30:20,180 --> 00:30:15,780

send them to real flight to Mars so I

697

00:30:25,520 --> 00:30:20,190

think it's a big grandiose project that

698

00:30:28,490 --> 00:30:25,530

we are dreaming to carry out but the

699

00:30:31,490 --> 00:30:28,500

first stage the first step for this

700

00:30:33,980 --> 00:30:31,500

dream in the future of course is the

701  
00:30:36,770 --> 00:30:33,990  
long duration flight that we are talking

702  
00:30:40,810 --> 00:30:36,780  
about today so I am giving the floor to

703  
00:30:45,290 --> 00:30:40,820  
my colleagues now Sergei krikalev

704  
00:30:47,000 --> 00:30:45,300  
director of the cosmonaut training

705  
00:30:49,400 --> 00:30:47,010  
center of course will add something more

706  
00:30:50,890 --> 00:30:49,410  
as well as eager oushak off the director

707  
00:30:54,440 --> 00:30:50,900  
of the institute for biological

708  
00:30:57,290 --> 00:30:54,450  
biomedical problems so Alex about it she

709  
00:30:59,540 --> 00:30:57,300  
was already mentioned go to quit with

710  
00:31:02,960 --> 00:30:59,550  
you that the preparation of the crew for

711  
00:31:07,160 --> 00:31:02,970  
this year-long expedition will soon

712  
00:31:10,220 --> 00:31:07,170  
begin it won't be very new to us as

713  
00:31:13,630 --> 00:31:10,230

already has been said we have the

714

00:31:16,790 --> 00:31:13,640

experience of year long and even a

715

00:31:19,700 --> 00:31:16,800

longer expeditions the first flight took

716

00:31:22,669 --> 00:31:19,710

place during the mere expedition when he

717

00:31:26,960 --> 00:31:22,679

Romanian cut the father of ramen

718

00:31:32,419 --> 00:31:26,970

Romanian come who is the member of the

719

00:31:36,080 --> 00:31:32,429

cosmonaut Corps now so he spent 11

720

00:31:40,909 --> 00:31:36,090

on the situation and also of Jeff flight

721

00:31:47,060 --> 00:31:40,919

was over one year of belicoff also he is

722

00:31:50,930 --> 00:31:47,070

a he has made a record with a state of

723

00:31:54,799 --> 00:31:50,940

14 months on the station so it won't be

724

00:31:56,690 --> 00:31:54,809

altogether in you for us double God of

725

00:32:01,730 --> 00:31:56,700

Coonans captain and the preparation that

726

00:32:08,600 --> 00:32:01,740

is going on right now at gctc actually

727

00:32:10,999 --> 00:32:08,610

is very similar to see long duration of

728

00:32:14,299 --> 00:32:11,009

light that we are planning but of course

729

00:32:15,950 --> 00:32:14,309

the results of this flight might be very

730

00:32:19,159 --> 00:32:15,960

different of course there are new

731

00:32:24,320 --> 00:32:19,169

capabilities now that we have at our

732

00:32:26,269 --> 00:32:24,330

disposal also new training devices new

733

00:32:30,350 --> 00:32:26,279

experiments so we will look at the

734

00:32:33,259 --> 00:32:30,360

results was when we had this long

735

00:32:37,190 --> 00:32:33,269

duration flights before we had different

736

00:32:41,109 --> 00:32:37,200

approaches to that voluto slipstream a

737

00:32:43,580 --> 00:32:41,119

little incident so we very well know

738

00:32:46,789 --> 00:32:43,590

almost everything about the flight of

739

00:32:50,869 --> 00:32:46,799

two or three months duration even six

740

00:32:54,289 --> 00:32:50,879

month duration but not much more so

741

00:32:57,889 --> 00:32:54,299

during this time a lot of new things

742

00:33:01,999 --> 00:32:57,899

appeared for example I was talking to

743

00:33:05,600 --> 00:33:02,009

American astronauts who just come back

744

00:33:08,239 --> 00:33:05,610

from the station and they used the new

745

00:33:09,350 --> 00:33:08,249

training devices that have they have

746

00:33:13,090 --> 00:33:09,360

onboard the station and they were

747

00:33:16,940 --> 00:33:13,100

telling me that the bone mass loss

748

00:33:20,269 --> 00:33:16,950

practically is not happening anymore but

749

00:33:23,049 --> 00:33:20,279

the new issues have arisen since the

750

00:33:27,950 --> 00:33:23,059

time like for example visual impairment

751  
00:33:31,369 --> 00:33:27,960  
intracranial pressure and so we should

752  
00:33:34,519 --> 00:33:31,379  
study this thoroughly we need to acquire

753  
00:33:37,519 --> 00:33:34,529  
data acquired statistical data in order

754  
00:33:41,750 --> 00:33:37,529  
to analyze that those are looking at

755  
00:33:45,200 --> 00:33:41,760  
cell number I think that even or

756  
00:33:48,200 --> 00:33:45,210  
a year-long expedition you know just

757  
00:33:51,470 --> 00:33:48,210  
this one year-long expedition will yield

758  
00:33:55,630 --> 00:33:51,480  
a lot of results it will allow us to

759  
00:33:58,370 --> 00:33:55,640  
interpret the data that we receive from

760  
00:34:01,280 --> 00:33:58,380  
regular flight so to say in a different

761  
00:34:04,250 --> 00:34:01,290  
way under a different light it is

762  
00:34:10,909 --> 00:34:04,260  
meaning under and it will also allow us

763  
00:34:14,300 --> 00:34:10,919

to understand the longer impact the

764

00:34:17,540 --> 00:34:14,310

impact that show after you know the air

765

00:34:20,930 --> 00:34:17,550

long expedition when the crew comes on

766

00:34:23,470 --> 00:34:20,940

the in the back in the student as for

767

00:34:26,750 --> 00:34:23,480

the training as I've already said

768

00:34:29,899 --> 00:34:26,760

nothing complicated for us of course

769

00:34:34,159 --> 00:34:29,909

there will be differences here before we

770

00:34:37,520 --> 00:34:34,169

trained three ashli submitted remember

771

00:34:40,100 --> 00:34:37,530

crews they were training together now we

772

00:34:42,230 --> 00:34:40,110

will have to do it differently a new

773

00:34:44,750 --> 00:34:42,240

ocean to move the crew configured sister

774

00:34:46,700 --> 00:34:44,760

Alice and so the configuration of the

775

00:34:49,100 --> 00:34:46,710

crew will change so this will be

776

00:34:52,480 --> 00:34:49,110

different as for the modern conditions

777

00:34:56,300 --> 00:34:52,490

when we have a six-member crew on board

778

00:34:59,510 --> 00:34:56,310

when we have to say use vehicles dr. the

779

00:35:03,140 --> 00:34:59,520

situation qmobile is cool so this is the

780

00:35:07,460 --> 00:35:03,150

modern configuration so to say and it

781

00:35:10,190 --> 00:35:07,470

will be different the most money at the

782

00:35:13,880 --> 00:35:10,200

school no monkey possibly do to go to so

783

00:35:17,900 --> 00:35:13,890

one crew will have to be prepared you

784

00:35:20,750 --> 00:35:17,910

know to work with three people then with

785

00:35:23,450 --> 00:35:20,760

another three people when the crew

786

00:35:29,000 --> 00:35:23,460

rotates and so there will be more

787

00:35:32,120 --> 00:35:29,010

coordination and more people to to be

788

00:35:34,070 --> 00:35:32,130

able to interact with experimental just

789

00:35:36,200 --> 00:35:34,080

now eager bodies which will tell us

790

00:35:38,900 --> 00:35:36,210

about experiments of course experiments

791

00:35:44,270 --> 00:35:38,910

will be mostly medical but not only

792

00:35:46,850 --> 00:35:44,280

medical right now the crews carry out

793

00:35:49,310 --> 00:35:46,860

lots of different various experiments

794

00:35:51,020 --> 00:35:49,320

onboard the station but of course the

795

00:35:53,720 --> 00:35:51,030

medical experiment so we'll have the

796

00:35:58,109 --> 00:35:53,730

priority in this of life

797

00:36:00,599 --> 00:35:58,119

thank you sir game boom boom dear ladies

798

00:36:05,730 --> 00:36:00,609

and gentlemen who's on callaghan and

799

00:36:10,260 --> 00:36:05,740

colleagues Belushi knows God knows I've

800

00:36:12,089 --> 00:36:10,270

heard a lot of very correct comments by

801  
00:36:15,300 --> 00:36:12,099  
American colleagues and by the Russian

802  
00:36:17,670 --> 00:36:15,310  
specialists about the necessity and

803  
00:36:22,710 --> 00:36:17,680  
about the rationale for this year-long

804  
00:36:25,140 --> 00:36:22,720  
expedition public me I think a lot of

805  
00:36:28,530 --> 00:36:25,150  
things will be published in the media we

806  
00:36:30,270 --> 00:36:28,540  
are here not for the details the most

807  
00:36:33,900 --> 00:36:30,280  
important thing i want to say first of

808  
00:36:35,730 --> 00:36:33,910  
all i would like to thank our American

809  
00:36:39,089 --> 00:36:35,740  
colleagues that we showed the

810  
00:36:41,670 --> 00:36:39,099  
photographs of the cosmonauts so that

811  
00:36:45,990 --> 00:36:41,680  
were in space for a year and more they

812  
00:36:48,210 --> 00:36:46,000  
all are alive and well today their

813  
00:36:51,540 --> 00:36:48,220

health taters is quite good for their

814

00:36:55,710 --> 00:36:51,550

age we meet with them on a regular basis

815

00:36:57,720 --> 00:36:55,720

we invite them to celebrations we meet

816

00:37:02,609 --> 00:36:57,730

with them during the scientific

817

00:37:07,640 --> 00:37:02,619

conferences diversity so the flight that

818

00:37:10,309 --> 00:37:07,650

happened twenty four dash 13 years ago a

819

00:37:14,430 --> 00:37:10,319

Brazilian culture they did not

820

00:37:16,859 --> 00:37:14,440

negatively impact their health prosecco

821

00:37:19,200 --> 00:37:16,869

can you choose to disable people so if

822

00:37:22,050 --> 00:37:19,210

somebody is worried how they felt after

823

00:37:24,960 --> 00:37:22,060

the flights there are many different

824

00:37:27,480 --> 00:37:24,970

details there is a legend actually among

825

00:37:31,670 --> 00:37:27,490

cosmonauts maybe Sergey will correct me

826

00:37:34,109 --> 00:37:31,680

if I'm wrong especially when one of the

827

00:37:39,030 --> 00:37:34,119

cosmonauts was asked how he was feeling

828

00:37:42,300 --> 00:37:39,040

he showed his some huge oceans below and

829

00:37:44,730 --> 00:37:42,310

when they asked what do you want he said

830

00:37:48,450 --> 00:37:44,740

I want to have a smoke and to kiss my

831

00:37:50,819 --> 00:37:48,460

wife so you can charge by this answer

832

00:37:53,839 --> 00:37:50,829

that the guy who came from a

833

00:37:56,400 --> 00:37:53,849

long-duration flight is in a good mood

834

00:37:58,470 --> 00:37:56,410

although of course it was a little bit

835

00:38:02,069 --> 00:37:58,480

of bravado of course the long-duration

836

00:38:05,220 --> 00:38:02,079

flight is not a walk you know but

837

00:38:08,010 --> 00:38:05,230

serious mission

838

00:38:10,250 --> 00:38:08,020

UCP ready to go bully seriously so if we

839

00:38:13,380 --> 00:38:10,260

start talking about more serious things

840

00:38:16,260 --> 00:38:13,390

of course the risks in the year-long

841

00:38:18,840 --> 00:38:16,270

expedition the medical risks are higher

842

00:38:23,430 --> 00:38:18,850

at least twice as higher than for the

843

00:38:25,290 --> 00:38:23,440

six months duration flight of the we

844

00:38:27,840 --> 00:38:25,300

have lots of data a lot of statistical

845

00:38:34,349 --> 00:38:27,850

data again American colleagues showed us

846

00:38:38,010 --> 00:38:34,359

the tables and diagrams so we will have

847

00:38:39,540 --> 00:38:38,020

to see how the adaptation will go on for

848

00:38:43,410 --> 00:38:39,550

the crew members who will come back from

849

00:38:46,230 --> 00:38:43,420

the L on expedition so we know how

850

00:38:49,320 --> 00:38:46,240

squatted knew how you felt when they

851  
00:38:50,940 --> 00:38:49,330  
flew to space so it's very interesting

852  
00:38:56,070 --> 00:38:50,950  
approach and I think we should apply it

853  
00:39:00,050 --> 00:38:56,080  
so the risk to have some kind of

854  
00:39:04,109 --> 00:39:00,060  
impairment that will require medical

855  
00:39:06,030 --> 00:39:04,119  
intervention for a healthy person and

856  
00:39:09,210 --> 00:39:06,040  
our cosmos and listeners are healthy

857  
00:39:16,980 --> 00:39:09,220  
people is about seven percent this is an

858  
00:39:22,430 --> 00:39:16,990  
average figure good though it might be

859  
00:39:27,630 --> 00:39:22,440  
some minor illness but still required

860  
00:39:31,380 --> 00:39:27,640  
medical intubation so this so the risk

861  
00:39:33,480 --> 00:39:31,390  
will double so at for at least for one

862  
00:39:37,440 --> 00:39:33,490  
of the two it will be fourteen percent

863  
00:39:40,200 --> 00:39:37,450

for the year-long expedition you know

864

00:39:43,440 --> 00:39:40,210

middle school disco so we have some

865

00:39:46,530 --> 00:39:43,450

increased medical risks for this flight

866

00:39:49,170 --> 00:39:46,540

I would like to knock on wood that it

867

00:39:51,840 --> 00:39:49,180

won't happen is the worst scenario I

868

00:39:54,240 --> 00:39:51,850

will do everything that nothing will

869

00:39:57,120 --> 00:39:54,250

happen to the health status but the risk

870

00:40:00,240 --> 00:39:57,130

is increased risk for this flight that's

871

00:40:03,240 --> 00:40:00,250

for sure and the medical support of the

872

00:40:08,700 --> 00:40:03,250

year-long expedition also it was very

873

00:40:13,500 --> 00:40:08,710

good before it also will be different so

874

00:40:16,590 --> 00:40:13,510

it is a flight on a new station the

875

00:40:19,860 --> 00:40:16,600

station that has lots of new models

876

00:40:21,810 --> 00:40:19,870

in berlin in it dumb and it required our

877

00:40:23,100 --> 00:40:21,820

very close attention so the American

878

00:40:26,130 --> 00:40:23,110

colleagues have already mentioned that

879

00:40:28,740 --> 00:40:26,140

the new risks have appeared like the

880

00:40:31,260 --> 00:40:28,750

already mentioned VIP risks intracranial

881

00:40:33,030 --> 00:40:31,270

pressure and we are constantly in touch

882

00:40:37,340 --> 00:40:33,040

with the American colleagues julia

883

00:40:41,790 --> 00:40:37,350

robinson for example participated in the

884

00:40:44,460 --> 00:40:41,800

conference at i'm a MP and we are all we

885

00:40:47,430 --> 00:40:44,470

constantly talking to each other

886

00:40:51,780 --> 00:40:47,440

discussing the new problems issues and

887

00:40:53,940 --> 00:40:51,790

risks right now we won the astronauts

888

00:40:56,760 --> 00:40:53,950

who are go into specimen for six months

889

00:40:59,580 --> 00:40:56,770

that they might face such risks as a

890

00:41:04,890 --> 00:40:59,590

visual impairment for example so it is

891

00:41:09,120 --> 00:41:04,900

very important to study jointly this is

892

00:41:13,440 --> 00:41:09,130

risks like VIP visual impairment muda

893

00:41:17,580 --> 00:41:13,450

risk connected to the higher

894

00:41:20,610 --> 00:41:17,590

intracranial pressure apart from these

895

00:41:24,750 --> 00:41:20,620

risks there are other issues that we

896

00:41:27,510 --> 00:41:24,760

will study of course lamar odom is

897

00:41:30,060 --> 00:41:27,520

plenty of people and having in mind the

898

00:41:33,560 --> 00:41:30,070

long-duration flights beyond the low

899

00:41:37,770 --> 00:41:33,570

Earth orbit Tomas Alexei bodies which

900

00:41:40,910 --> 00:41:37,780

mentioned Mars 500 experiment that we've

901  
00:41:43,380 --> 00:41:40,920  
finished not so long ago american

902  
00:41:48,210 --> 00:41:43,390  
scientists participated in this project

903  
00:41:51,090 --> 00:41:48,220  
start very extensively a few

904  
00:41:53,760 --> 00:41:51,100  
laboratories participated and collected

905  
00:41:57,480 --> 00:41:53,770  
a lot of data on psych psychology of the

906  
00:42:00,510 --> 00:41:57,490  
long-duration isolation and this data

907  
00:42:03,210 --> 00:42:00,520  
also will be used in the preparation and

908  
00:42:04,620 --> 00:42:03,220  
carrying out of your long expedition i

909  
00:42:08,000 --> 00:42:04,630  
would like to remind you that in the

910  
00:42:12,450 --> 00:42:08,010  
year two thousand thirteen and fourteen

911  
00:42:16,050 --> 00:42:12,460  
we will increase the arsenal of the

912  
00:42:19,050 --> 00:42:16,060  
preventive measures it will be new

913  
00:42:22,260 --> 00:42:19,060

treadmill also the new resistive

914

00:42:25,140 --> 00:42:22,270

exercise device that we will be able to

915

00:42:27,730 --> 00:42:25,150

use the new and we have joined plans the

916

00:42:32,000 --> 00:42:27,740

American colleagues to use

917

00:42:40,789 --> 00:42:32,010

bracelets or occlusion brands bracelets

918

00:42:44,089 --> 00:42:40,799

as we call them they are 40 chibis for

919

00:42:49,400 --> 00:42:44,099

monitoring and also chippies spacesuit

920

00:42:54,309 --> 00:42:49,410

of for mediumistic remediation of the

921

00:42:59,359 --> 00:42:54,319

possible impacts that might lead to the

922

00:43:02,390 --> 00:42:59,369

hydrant and cranial pressure so American

923

00:43:04,339 --> 00:43:02,400

scientists have this hypothesis that it

924

00:43:07,130 --> 00:43:04,349

might lead to the heightened

925

00:43:10,250 --> 00:43:07,140

intracranial pressure and we have to

926  
00:43:13,400 --> 00:43:10,260  
study these hypotheses and will work in

927  
00:43:15,920 --> 00:43:13,410  
this direction besides a very

928  
00:43:20,510 --> 00:43:15,930  
interesting issue is the problem of

929  
00:43:28,069 --> 00:43:20,520  
return from microgravity to Earth's

930  
00:43:31,940 --> 00:43:28,079  
gravity mercy also the micro gravity on

931  
00:43:36,500 --> 00:43:31,950  
Mars is zero 38g it will be slightly

932  
00:43:42,019 --> 00:43:36,510  
different and we'll need to see what the

933  
00:43:44,569 --> 00:43:42,029  
astronaut and astronaut be able to do

934  
00:43:46,130 --> 00:43:44,579  
what his performance will be after

935  
00:43:50,260 --> 00:43:46,140  
returning through this partial

936  
00:43:53,799 --> 00:43:50,270  
microgravity so as Julia rightly said

937  
00:43:58,450 --> 00:43:53,809  
together with American scientists we

938  
00:44:02,930 --> 00:43:58,460

sort of a special experiment field tests

939

00:44:08,329 --> 00:44:02,940

they are quite simple test that will

940

00:44:11,299 --> 00:44:08,339

help us to understand the what person is

941

00:44:15,950 --> 00:44:11,309

able to do during the first few minutes

942

00:44:18,319 --> 00:44:15,960

after LZ landing it is very first

943

00:44:20,390 --> 00:44:18,329

minutes after the landing so it's very

944

00:44:25,420 --> 00:44:20,400

interesting experiment and we will

945

00:44:29,359 --> 00:44:25,430

perform it jointly with american medical

946

00:44:34,690 --> 00:44:29,369

scientists she does cool reema well so

947

00:44:40,180 --> 00:44:38,269

you know how people can perform in the

948

00:44:42,760 --> 00:44:40,190

very first

949

00:44:44,380 --> 00:44:42,770

minutes and hours after the return for

950

00:44:47,910 --> 00:44:44,390

example whether they will be able to

951  
00:44:50,109 --> 00:44:47,920  
help each other to dock the space suit

952  
00:44:54,480 --> 00:44:50,119  
apart from these experiments there are

953  
00:44:58,599 --> 00:44:54,490  
many other ones we have already shared

954  
00:45:01,000 --> 00:44:58,609  
our experiments and our management the

955  
00:45:03,819 --> 00:45:01,010  
criticizes are that a lot of experiments

956  
00:45:06,730 --> 00:45:03,829  
actually searching one experiments in

957  
00:45:09,370 --> 00:45:06,740  
half of them will fall to the year two

958  
00:45:13,120 --> 00:45:09,380  
thousand fifteen and sixteen which

959  
00:45:15,569 --> 00:45:13,130  
coincide with a year-long expedition so

960  
00:45:19,329 --> 00:45:15,579  
the program will be integrated one and

961  
00:45:20,890 --> 00:45:19,339  
ideally joined one of course we will

962  
00:45:25,000 --> 00:45:20,900  
choose the most important most

963  
00:45:27,700 --> 00:45:25,010

interesting experiments and both

964

00:45:29,470 --> 00:45:27,710

American and Russian crew members will

965

00:45:31,930 --> 00:45:29,480

participate in these experiments and

966

00:45:35,069 --> 00:45:31,940

they will not only concern year-long

967

00:45:38,530 --> 00:45:35,079

expedition but there will also be

968

00:45:41,980 --> 00:45:38,540

ordinary experiments that crews do on

969

00:45:44,470 --> 00:45:41,990

orbit regularly to tell the truth I

970

00:45:47,530 --> 00:45:44,480

don't understand the opinion of some

971

00:45:50,589 --> 00:45:47,540

American colleagues that I heard that

972

00:45:53,200 --> 00:45:50,599

some things like a tilt test for example

973

00:45:58,059 --> 00:45:53,210

we can already use after six years

974

00:46:00,910 --> 00:45:58,069

duration flights which is not so we can

975

00:46:06,970 --> 00:46:00,920

use these tests even after the six month

976

00:46:08,410 --> 00:46:06,980

duration flight and I actually agree

977

00:46:10,420 --> 00:46:08,420

with the American College School think

978

00:46:14,470 --> 00:46:10,430

that we should do this and we will be

979

00:46:17,680 --> 00:46:14,480

able to collect some data it was kinda

980

00:46:19,569 --> 00:46:17,690

mention we are not doing it yet after

981

00:46:22,839 --> 00:46:19,579

the six months durations right I think

982

00:46:26,200 --> 00:46:22,849

we can start all ready to do this

983

00:46:28,599 --> 00:46:26,210

testing so I don't think wish we should

984

00:46:31,450 --> 00:46:28,609

not keep all our hopes on to the

985

00:46:33,790 --> 00:46:31,460

year-long expedition we should you know

986

00:46:37,390 --> 00:46:33,800

start doing some experiments and tests

987

00:46:39,609 --> 00:46:37,400

right now I think I have exceeded the

988

00:46:42,010 --> 00:46:39,619

time allocated for me so I would like to

989

00:46:45,280 --> 00:46:42,020

wish everyone success in this very

990

00:46:48,520 --> 00:46:45,290

important mission and also like to thank

991

00:46:50,790 --> 00:46:48,530

NASA management and our management of

992

00:46:54,450 --> 00:46:50,800

res cosmos that they were able to plan

993

00:46:58,390 --> 00:46:54,460

this absolutely new step

994

00:47:01,480 --> 00:46:58,400

towards the new level of space

995

00:47:04,600 --> 00:47:01,490

exploration and is a new level there are

996

00:47:06,340 --> 00:47:04,610

new risks new conditions you terms don't

997

00:47:09,280 --> 00:47:06,350

give you or even appreciate

998

00:47:11,950 --> 00:47:09,290

cannulated polluted and many other

999

00:47:15,220 --> 00:47:11,960

things that make this future year-long

1000

00:47:19,990 --> 00:47:15,230

expedition news business store moment

1001  
00:47:23,980 --> 00:47:20,000  
and you move on the way of the flights

1002  
00:47:28,990 --> 00:47:23,990  
into deep space so first of all let's

1003  
00:47:32,370 --> 00:47:29,000  
wish health two crew members for the two

1004  
00:47:38,590 --> 00:47:32,380  
years before this year-long expedition

1005  
00:47:40,510 --> 00:47:38,600  
they have to try to stay healthy and I

1006  
00:47:43,030 --> 00:47:40,520  
also would like with good health to all

1007  
00:47:46,480 --> 00:47:43,040  
participants of this conference which

1008  
00:47:54,400 --> 00:47:46,490  
actually resembles more scientific

1009  
00:47:55,570 --> 00:47:54,410  
conferences okay thank you okay we want

1010  
00:47:57,010 --> 00:47:55,580  
to thank our Russian colleagues we're

1011  
00:47:58,360 --> 00:47:57,020  
going to take questions now from the

1012  
00:48:00,340 --> 00:47:58,370  
media here in Houston then we'll go to

1013  
00:48:02,410 --> 00:48:00,350

the Kennedy Space Center and then we'll

1014

00:48:03,820 --> 00:48:02,420

go over to a Moscow and then we'll go to

1015

00:48:05,710 --> 00:48:03,830

the phone lines we're going to attempt

1016

00:48:08,200 --> 00:48:05,720

to take as many questions as we possibly

1017

00:48:09,940 --> 00:48:08,210

can we're getting close to our end time

1018

00:48:12,280 --> 00:48:09,950

here's we're going to try to run through

1019

00:48:14,410 --> 00:48:12,290

these as quickly as we can so make sure

1020

00:48:16,540 --> 00:48:14,420

that you direct your question to the

1021

00:48:20,170 --> 00:48:16,550

appropriate person and we'll start over

1022

00:48:24,310 --> 00:48:20,180

here with Jim good morning Jim Oberg on

1023

00:48:26,890 --> 00:48:24,320

NBC that's for Mike this is a great

1024

00:48:29,380 --> 00:48:26,900

program so it looks terrific don't we

1025

00:48:31,480 --> 00:48:29,390

wind up though in that year using one

1026  
00:48:33,820 --> 00:48:31,490  
less Soyuz launch and landing than we're

1027  
00:48:36,280 --> 00:48:33,830  
paying for and will there be any kind of

1028  
00:48:38,140 --> 00:48:36,290  
financial changes will we get any kind

1029  
00:48:40,720 --> 00:48:38,150  
of refund or expense we're not going to

1030  
00:48:43,540 --> 00:48:40,730  
make that we would normally have made to

1031  
00:48:45,370 --> 00:48:43,550  
launch two men on six months that are 10

1032  
00:48:46,360 --> 00:48:45,380  
one year what is that going to change in

1033  
00:48:49,330 --> 00:48:46,370  
terms of how much money you have to

1034  
00:48:51,910 --> 00:48:49,340  
spend well you're correct and and we've

1035  
00:48:53,620 --> 00:48:51,920  
already actually discussed this because

1036  
00:48:56,200 --> 00:48:53,630  
of the fact that the payments for those

1037  
00:48:59,110 --> 00:48:56,210  
flights actually start started last

1038  
00:49:01,120 --> 00:48:59,120

month so I know we get credit credit for

1039

00:49:05,650 --> 00:49:01,130

the flight we don't use and then how we

1040

00:49:10,600 --> 00:49:05,660

use that credit in the future is is up

1041

00:49:12,640 --> 00:49:10,610

for discussion of course we do have to

1042

00:49:14,110 --> 00:49:12,650

accommodate our Russian colleagues or

1043

00:49:16,900 --> 00:49:14,120

compensate our Russian colleagues for

1044

00:49:19,600 --> 00:49:16,910

the six month period of rescue when we

1045

00:49:21,400 --> 00:49:19,610

buy we buy a so you see we also get to

1046

00:49:24,040 --> 00:49:21,410

rescue for the six months as well so

1047

00:49:26,050 --> 00:49:24,050

there's a value associated with that but

1048

00:49:30,220 --> 00:49:26,060

we're we're in discussions on that and

1049

00:49:32,110 --> 00:49:30,230

as you said we will we will and or have

1050

00:49:34,570 --> 00:49:32,120

already started the contractual process

1051  
00:49:36,340 --> 00:49:34,580  
of crediting us ourselves for the flight

1052  
00:49:38,670 --> 00:49:36,350  
for the one flight that we're not using

1053  
00:49:42,340 --> 00:49:38,680  
and we're in the process of deciding

1054  
00:49:43,780 --> 00:49:42,350  
what the value of the rescue seat is and

1055  
00:49:48,580 --> 00:49:43,790  
taking care of that and then deciding

1056  
00:49:50,890 --> 00:49:48,590  
what we want to do with that credit at

1057  
00:49:52,660 --> 00:49:50,900  
some point assuming that dr. usha cops

1058  
00:49:55,270 --> 00:49:52,670  
wish that the current two crew members

1059  
00:49:57,190 --> 00:49:55,280  
stay healthy for two years that might

1060  
00:49:59,200 --> 00:49:57,200  
not happen at what point you plan on

1061  
00:50:01,060 --> 00:49:59,210  
working with the backup crew preparing

1062  
00:50:03,280 --> 00:50:01,070  
for this special training for this long

1063  
00:50:04,750 --> 00:50:03,290

flight and also standing by during the

1064

00:50:06,700 --> 00:50:04,760

mission because in one long Russian

1065

00:50:09,040 --> 00:50:06,710

flight Fayette replace crewman halfway

1066

00:50:10,480 --> 00:50:09,050

through the year long flight so when do

1067

00:50:12,570 --> 00:50:10,490

you what is your plan for managing a

1068

00:50:15,130 --> 00:50:12,580

backup crew for this particular mission

1069

00:50:17,760 --> 00:50:15,140

it's a good question we've had a lot of

1070

00:50:19,990 --> 00:50:17,770

discussions on that on the US side our

1071

00:50:22,720 --> 00:50:20,000

expectation is that we would continue to

1072

00:50:24,790 --> 00:50:22,730

fall the way we describe our backup

1073

00:50:28,420 --> 00:50:24,800

process as the single flow to launch and

1074

00:50:30,370 --> 00:50:28,430

so just like a Scott Kelly and his

1075

00:50:34,030 --> 00:50:30,380

colleagues will be prepared to back up

1076

00:50:37,900 --> 00:50:34,040

the Soyuz forty crew the follow-on Soyuz

1077

00:50:40,690 --> 00:50:37,910

44 crew or 46 crew will back up the

1078

00:50:42,940 --> 00:50:40,700

Soyuz 42 crew which is this a one-year

1079

00:50:46,090 --> 00:50:42,950

the start of the one-year increment and

1080

00:50:48,850 --> 00:50:46,100

so roughly five to six months after we

1081

00:50:50,530 --> 00:50:48,860

announced Scott and got folks to work on

1082

00:50:52,720 --> 00:50:50,540

developing the training template for him

1083

00:50:54,340 --> 00:50:52,730

we'll be able to get started on the

1084

00:50:55,670 --> 00:50:54,350

training template for our backup crew

1085

00:50:58,130 --> 00:50:55,680

member to cover the pier

1086

00:51:01,220 --> 00:50:58,140

of time leading up to the launch of the

1087

00:51:03,710 --> 00:51:01,230

the one-year crew member should we be

1088

00:51:05,390 --> 00:51:03,720

faced with a problem in flight I know

1089

00:51:07,760 --> 00:51:05,400

there would be a lot of discussion both

1090

00:51:09,589 --> 00:51:07,770

on the on the US side and the Russian

1091

00:51:12,530 --> 00:51:09,599

side as to how best to deal with that

1092

00:51:14,990 --> 00:51:12,540

either to return the crew or to deal

1093

00:51:17,569 --> 00:51:15,000

with the use some sort of mitigation

1094

00:51:19,880 --> 00:51:17,579

strategy with the help of the medical

1095

00:51:22,599 --> 00:51:19,890

community to try to extend to the normal

1096

00:51:24,500 --> 00:51:22,609

nominal duration of the flight and so I

1097

00:51:26,540 --> 00:51:24,510

expected to will have a lot of

1098

00:51:29,839 --> 00:51:26,550

discussions in preparation for any

1099

00:51:31,790 --> 00:51:29,849

scenario you know NASA and will develop

1100

00:51:35,569 --> 00:51:31,800

a the flight rules associated with that

1101  
00:51:38,180 --> 00:51:35,579  
over the next couple of years okay let

1102  
00:51:43,160 --> 00:51:38,190  
me go back here to Kevin Kevin either

1103  
00:51:47,780 --> 00:51:43,170  
question do it ok why yes Marco for a

1104  
00:51:50,510 --> 00:51:47,790  
deviation week I realized there's some

1105  
00:51:52,309 --> 00:51:50,520  
uncertainty here and where this program

1106  
00:51:56,660 --> 00:51:52,319  
goes as far as whether there would be

1107  
00:51:59,329 --> 00:51:56,670  
additional one year missions um but at

1108  
00:52:02,390 --> 00:51:59,339  
this point what would you like to be

1109  
00:52:04,760 --> 00:52:02,400  
able to evaluate before you commit and

1110  
00:52:07,010 --> 00:52:04,770  
I'm wondering two additional one year

1111  
00:52:10,250 --> 00:52:07,020  
applies and I'm wondering if in the

1112  
00:52:12,289 --> 00:52:10,260  
selection of the backups you'll be

1113  
00:52:14,240 --> 00:52:12,299

selecting them with the thought in mind

1114

00:52:17,120 --> 00:52:14,250

that they could do a second one year

1115

00:52:19,400 --> 00:52:17,130

flight or we do an attempt that a one

1116

00:52:24,230 --> 00:52:19,410

year of like if there was a problem with

1117

00:52:30,920 --> 00:52:24,240

the with the first attempt is that for

1118

00:52:33,380 --> 00:52:30,930

me let's say it is you know mark we

1119

00:52:36,289 --> 00:52:33,390

really we selected this crew with the

1120

00:52:40,280 --> 00:52:36,299

idea that it that we head down this path

1121

00:52:43,280 --> 00:52:40,290

and and we learn with every step even

1122

00:52:46,039 --> 00:52:43,290

just to selecting the crew alone was is

1123

00:52:47,870 --> 00:52:46,049

a it's a big step and deciding the

1124

00:52:50,599 --> 00:52:47,880

criteria for that and then deciding what

1125

00:52:52,730 --> 00:52:50,609

the science experiments are we have a

1126

00:52:55,339 --> 00:52:52,740

long discussion about the value of one

1127

00:52:57,559 --> 00:52:55,349

year versus six month in the and the

1128

00:52:59,990 --> 00:52:57,569

amount of data we get from our subjects

1129

00:53:02,809 --> 00:53:00,000

and we have a limited set of subjects so

1130

00:53:05,720 --> 00:53:02,819

whenever you do any kind of research you

1131

00:53:08,240 --> 00:53:05,730

needed a statistically significant in

1132

00:53:08,800 --> 00:53:08,250

and the end in this case is our crew

1133

00:53:12,710 --> 00:53:08,810

members

1134

00:53:15,260 --> 00:53:12,720

and so one of the big questions that

1135

00:53:17,330 --> 00:53:15,270

we're asking ourselves is and and Julie

1136

00:53:19,070 --> 00:53:17,340

talked about it is you know do you in

1137

00:53:21,050 --> 00:53:19,080

six month time have you reached

1138

00:53:24,350 --> 00:53:21,060

equilibrium in some respects and so you

1139

00:53:26,450 --> 00:53:24,360

know the human body will be fine or are

1140

00:53:28,100 --> 00:53:26,460

there other things there yet to come

1141

00:53:30,410 --> 00:53:28,110

that you don't know about so we have to

1142

00:53:33,350 --> 00:53:30,420

balance that with trying to get all the

1143

00:53:35,780 --> 00:53:33,360

data necessary to conclude the

1144

00:53:39,200 --> 00:53:35,790

experiments at six months and then go

1145

00:53:41,300 --> 00:53:39,210

look at the one year because as most of

1146

00:53:44,150 --> 00:53:41,310

you know we could probably get to Mars

1147

00:53:47,270 --> 00:53:44,160

in a six-month period although that's

1148

00:53:50,570 --> 00:53:47,280

that's a that's right at the edge of our

1149

00:53:52,010 --> 00:53:50,580

experiment experience on ISS so so we

1150

00:53:55,520 --> 00:53:52,020

have some work to do amongst with

1151  
00:53:56,960 --> 00:53:55,530  
partnerships the partnership to discuss

1152  
00:54:00,260 --> 00:53:56,970  
this further and we really haven't gone

1153  
00:54:02,120 --> 00:54:00,270  
very far so to speculate would be a

1154  
00:54:04,850 --> 00:54:02,130  
little premature at this point we've

1155  
00:54:06,380 --> 00:54:04,860  
left open the opportunity beyond beyond

1156  
00:54:08,210 --> 00:54:06,390  
this one year increment but we're really

1157  
00:54:10,640 --> 00:54:08,220  
focused on getting this one started now

1158  
00:54:12,260 --> 00:54:10,650  
it is true that if we decided after the

1159  
00:54:14,300 --> 00:54:12,270  
increment that we want to do more you've

1160  
00:54:15,770 --> 00:54:14,310  
got two and a half years later before

1161  
00:54:16,810 --> 00:54:15,780  
you keep do the next increment so we

1162  
00:54:21,080 --> 00:54:16,820  
know we have to have the discussion

1163  
00:54:25,220 --> 00:54:21,090

sooner rather than later okay yes it

1164

00:54:26,840 --> 00:54:25,230

won't go I'd like to carry Bible Houston

1165

00:54:29,240 --> 00:54:26,850

public radio I'd like to hear more about

1166

00:54:32,630 --> 00:54:29,250

what you will be looking for as far as

1167

00:54:34,610 --> 00:54:32,640

behavior and crew interaction and also

1168

00:54:37,800 --> 00:54:34,620

just a quick question of

1169

00:54:41,250 --> 00:54:37,810

health effects ever been identified from

1170

00:54:43,770 --> 00:54:41,260

long-term spaceflight let's see so the

1171

00:54:45,570 --> 00:54:43,780

to the first question some of the things

1172

00:54:47,160 --> 00:54:45,580

we look at and and we've done in

1173

00:54:48,870 --> 00:54:47,170

previous studies are the interactions

1174

00:54:50,100 --> 00:54:48,880

among the crew members with each other

1175

00:54:52,760 --> 00:54:50,110

and their interactions with the ground

1176

00:54:55,140 --> 00:54:52,770

and so we'll be able to look at

1177

00:54:58,620 --> 00:54:55,150

basically statistically compare what we

1178

00:55:00,240 --> 00:54:58,630

see in the those kinds of patterns that

1179

00:55:02,160 --> 00:55:00,250

that's done by surveys and

1180

00:55:07,680 --> 00:55:02,170

questionnaires and another thing that we

1181

00:55:09,450 --> 00:55:07,690

look at is the the some self assessments

1182

00:55:11,340 --> 00:55:09,460

that the crew do on themselves which

1183

00:55:13,410 --> 00:55:11,350

helps them to assess their state of

1184

00:55:14,880 --> 00:55:13,420

readiness how responsive they are how

1185

00:55:16,500 --> 00:55:14,890

well they think they would be able to

1186

00:55:18,450 --> 00:55:16,510

respond if a crisis should arise on a

1187

00:55:20,640 --> 00:55:18,460

given day and those kinds of measures

1188

00:55:28,440 --> 00:55:20,650

also are the sorts of things that we can

1189

00:55:30,570 --> 00:55:28,450

be looking at so the really the only

1190

00:55:33,870 --> 00:55:30,580

positive health effect that I know of

1191

00:55:35,490 --> 00:55:33,880

that's been identified is there is has

1192

00:55:37,500 --> 00:55:35,500

been identified some positive psych

1193

00:55:39,600 --> 00:55:37,510

psychological effects because going into

1194

00:55:41,730 --> 00:55:39,610

space is so cool that that actually

1195

00:55:43,470 --> 00:55:41,740

looks like it offsets a lot of the

1196

00:55:45,990 --> 00:55:43,480

negative things you might imagine in

1197

00:55:50,730 --> 00:55:46,000

isolation and confinement but you know

1198

00:55:53,010 --> 00:55:50,740

that our bodies evolved in 1g and so it

1199

00:55:54,810 --> 00:55:53,020

tends to be a pretty disruptive kind of

1200

00:55:56,730 --> 00:55:54,820

change now it's not nearly as disruptive

1201  
00:55:58,290 --> 00:55:56,740  
as people thought before man went into

1202  
00:56:01,080 --> 00:55:58,300  
space humans went into space you know

1203  
00:56:03,540 --> 00:56:01,090  
people wondered before the very first

1204  
00:56:05,310 --> 00:56:03,550  
human spaceflight if our digestion would

1205  
00:56:06,960 --> 00:56:05,320  
work and things like that so our bodies

1206  
00:56:11,190 --> 00:56:06,970  
turn out to be much more resilient than

1207  
00:56:12,420 --> 00:56:11,200  
we thought but okay just going to wrap

1208  
00:56:13,770 --> 00:56:12,430  
up questions here in Houston we're going

1209  
00:56:15,450 --> 00:56:13,780  
to go down to the candidate space center

1210  
00:56:17,400 --> 00:56:15,460  
now and take questions from there then

1211  
00:56:19,140 --> 00:56:17,410  
we'll go to Moscow after that just a

1212  
00:56:20,700 --> 00:56:19,150  
reminder keep your question to a one and

1213  
00:56:24,480 --> 00:56:20,710

no follow up so we can get as many as we

1214

00:56:26,460 --> 00:56:24,490

can so let's go to KSC hi Marcia Dunn

1215

00:56:28,830 --> 00:56:26,470

Associated Press for Mike suffered a

1216

00:56:32,900 --> 00:56:28,840

knee could you tell me how many how many

1217

00:56:35,940 --> 00:56:32,910

astronauts US astronauts were there

1218

00:56:37,830 --> 00:56:35,950

qualified to be considered in how how

1219

00:56:41,310 --> 00:56:37,840

short was the short list how many

1220

00:56:43,740 --> 00:56:41,320

numbers on that as well well let me let

1221

00:56:46,650 --> 00:56:43,750

Bob give you the details on that my

1222

00:56:47,960 --> 00:56:46,660

short list was was that I that I saw was

1223

00:56:50,240 --> 00:56:47,970

much shorter than the

1224

00:56:52,849 --> 00:56:50,250

Bob so want to let him discuss that for

1225

00:56:55,460 --> 00:56:52,859

you it's a it's an interesting question

1226

00:56:57,859 --> 00:56:55,470

Marcia and it really leads to at what

1227

00:57:01,040 --> 00:56:57,869

point were we making the decision there

1228

00:57:03,710 --> 00:57:01,050

was a lot of discussion and as to win

1229

00:57:06,650 --> 00:57:03,720

the actual start date of the one-year

1230

00:57:08,839 --> 00:57:06,660

mission would be and so depending on the

1231

00:57:10,609 --> 00:57:08,849

start dates you have crew members that

1232

00:57:13,099 --> 00:57:10,619

may be returning from a post flight

1233

00:57:15,620 --> 00:57:13,109

period for example who may be available

1234

00:57:17,480 --> 00:57:15,630

given a little bit more time who would

1235

00:57:19,880 --> 00:57:17,490

be a perfectly qualified for a future

1236

00:57:23,300 --> 00:57:19,890

one-year mission but based on the dates

1237

00:57:25,550 --> 00:57:23,310

that were available for the 42 Soyuz

1238

00:57:27,530 --> 00:57:25,560

launch they just weren't quite finished

1239

00:57:30,080 --> 00:57:27,540

with their post bike period in the in

1240

00:57:32,660 --> 00:57:30,090

the final analysis based on all the

1241

00:57:36,020 --> 00:57:32,670

factors we were down to a shortlist of

1242

00:57:39,680 --> 00:57:36,030

four crew members and without with three

1243

00:57:41,930 --> 00:57:39,690

folks that were really in their prime

1244

00:57:44,150 --> 00:57:41,940

for stepping into a one-year mission and

1245

00:57:48,500 --> 00:57:44,160

we're able to select Scott Kelly from

1246

00:57:51,710 --> 00:57:48,510

that group you were picking Scott and

1247

00:57:54,530 --> 00:57:51,720

picking the Russian counterpart did you

1248

00:57:56,900 --> 00:57:54,540

pick those both the two agencies pick

1249

00:57:59,000 --> 00:57:56,910

them in two vacuums or did you look at

1250

00:58:00,770 --> 00:57:59,010

each candidate and try to get a Russian

1251

00:58:04,160 --> 00:58:00,780

and an American who would get along and

1252

00:58:08,870 --> 00:58:04,170

have some similarities we normally

1253

00:58:11,720 --> 00:58:08,880

execute our selection process kind of in

1254

00:58:14,720 --> 00:58:11,730

two parallel processes that's kind of

1255

00:58:17,210 --> 00:58:14,730

meat towards the very end and so we

1256

00:58:19,190 --> 00:58:17,220

assess that final kapatic compatibility

1257

00:58:20,900 --> 00:58:19,200

with the crew members after most of the

1258

00:58:23,740 --> 00:58:20,910

selection on either side has been

1259

00:58:26,780 --> 00:58:23,750

accomplished and so we had no objections

1260

00:58:29,870 --> 00:58:26,790

and we're a confident in our Russian

1261

00:58:32,359 --> 00:58:29,880

colleagues selection when we got to the

1262

00:58:35,270 --> 00:58:32,369

final analysis and they were confident

1263

00:58:39,950 --> 00:58:35,280

into an our crew member being somebody

1264

00:58:41,030 --> 00:58:39,960

who could perform well with Misha okay

1265

00:58:42,050 --> 00:58:41,040

that's going to wrap it up from the

1266

00:58:43,760 --> 00:58:42,060

Kennedy Space Center we're going to go

1267

00:58:56,120 --> 00:58:43,770

to Moscow now and take questions from

1268

00:59:01,500 --> 00:58:58,350

alexander guardo Korean Alexander

1269

00:59:05,010 --> 00:59:01,510

covario free on over steam I will ask

1270

00:59:08,940 --> 00:59:05,020

the first question problem got out of

1271

00:59:13,560 --> 00:59:08,950

ten issues what do I do risks you know

1272

00:59:17,100 --> 00:59:13,570

who the hell's one was voiced actually

1273

00:59:31,250 --> 00:59:17,110

the increased intracranial pressure what

1274

00:59:37,940 --> 00:59:34,020

storage in kenosha tablets I have a

1275

00:59:41,510 --> 00:59:37,950

table here which represent the very well

1276

00:59:46,940 --> 00:59:41,520

the risks it was developed will you

1277

00:59:49,109 --> 00:59:46,950

accordingly to the methodology of risks

1278

00:59:52,170 --> 00:59:49,119

international mr. dollar G will discuss

1279

00:59:54,380 --> 00:59:52,180

this table quite a few times during the

1280

00:59:57,660 --> 00:59:54,390

meetings of the joint working groups

1281

01:00:05,670 --> 00:59:57,670

this is beautiful good so of the space

1282

01:00:07,349 --> 01:00:05,680

medicine exists for 41 years the space

1283

01:00:09,960 --> 01:00:07,359

medicine commission and has never

1284

01:00:14,040 --> 01:00:09,970

stopped its work so the risks are

1285

01:00:19,290 --> 01:00:14,050

connected with this skeleton apparatus

1286

01:00:22,589 --> 01:00:19,300

also movement functions also of

1287

01:00:25,410 --> 01:00:22,599

terminology syndrome the syndrome that

1288

01:00:28,320 --> 01:00:25,420

was discovered because miss kissin on

1289

01:00:32,940 --> 01:00:28,330

this on the ISS by our American

1290

01:00:35,820 --> 01:00:32,950

colleagues wounds and it is connected to

1291

01:00:38,579 --> 01:00:35,830

the increased in intracranial pressure

1292

01:00:41,339 --> 01:00:38,589

it's an absolutely new risks that we

1293

01:00:46,200 --> 01:00:41,349

didn't know before and didn't describe

1294

01:00:49,230 --> 01:00:46,210

in our space medicine publications in a

1295

01:00:54,109 --> 01:00:49,240

few publications their wars were were

1296

01:00:56,940 --> 01:00:54,119

some data by some researchers respublika

1297

01:01:00,079 --> 01:00:56,950

even Russian publications of the Soviet

1298

01:01:05,609 --> 01:01:00,089

period there were some hints on the

1299

01:01:07,530 --> 01:01:05,619

changes that might happen to the body in

1300

01:01:09,930 --> 01:01:07,540

space so we know about these

1301

01:01:12,599 --> 01:01:09,940

publications I was shown one article in

1302

01:01:15,089 --> 01:01:12,609

particular for example so the

1303

01:01:19,560 --> 01:01:15,099

foundations for this risks probably

1304

01:01:23,240 --> 01:01:19,570

existed even before but I think that

1305

01:01:28,790 --> 01:01:23,250

this risk if we use I just danced a lot

1306

01:01:32,310 --> 01:01:28,800

you know connected probably too thin you

1307

01:01:35,550 --> 01:01:32,320

consumed with full combination of

1308

01:01:39,089 --> 01:01:35,560

factors maybe it is even connected to

1309

01:01:41,640 --> 01:01:39,099

the very effective and intense use of

1310

01:01:43,680 --> 01:01:41,650

the preventive measures may be also the

1311

01:01:49,200 --> 01:01:43,690

last drop effect

1312

01:01:53,069 --> 01:01:49,210

isn't work here you know the heightened

1313

01:01:58,950 --> 01:01:53,079

pressure inside veins and inside the

1314

01:02:04,099 --> 01:01:58,960

body so it should raise to some level

1315

01:02:06,990 --> 01:02:04,109

after that some changes might occur the

1316

01:02:13,460 --> 01:02:07,000

phenomena of edema might happen that

1317

01:02:17,359 --> 01:02:13,470

will lead to the defatation of I organs

1318

01:02:21,420 --> 01:02:17,369

feeling good eyesight organs and Tuesday

1319

01:02:23,880 --> 01:02:21,430

no other impairments maybe I'm talking

1320

01:02:28,740 --> 01:02:23,890

you know in a sign to scientific

1321

01:02:31,579 --> 01:02:28,750

language but I think this is a last John

1322

01:02:36,089 --> 01:02:31,589

drop syndrome that's how I call it

1323

01:02:39,180 --> 01:02:36,099

nourishment also the independent medical

1324

01:02:41,220 --> 01:02:39,190

assistance we should dissertation

1325

01:02:44,910 --> 01:02:41,230

actually might happen right now in both

1326

01:02:47,940 --> 01:02:44,920

the station for example an astronaut

1327

01:02:50,760 --> 01:02:47,950

rock remember might have a scratch get

1328

01:02:54,079 --> 01:02:50,770

injured on world and medical assistance

1329

01:02:57,470 --> 01:02:54,089

will be needed for him also a

1330

01:03:03,050 --> 01:02:57,480

psychological health radiation toxicity

1331

01:03:06,450 --> 01:03:03,060

other things connected to the toxic mel

1332

01:03:09,059 --> 01:03:06,460

lewis that are on board and of course a

1333

01:03:11,220 --> 01:03:09,069

microgravity affects all these risks

1334

01:03:14,309 --> 01:03:11,230

actually are quite well-known they are

1335

01:03:18,329 --> 01:03:14,319

already in test book textbooks on space

1336

01:03:21,329 --> 01:03:18,339

medicine motion policeman i think it's

1337

01:03:24,390 --> 01:03:21,339

very useful table very representative

1338

01:03:26,849 --> 01:03:24,400

maybe what is necessary to add to what

1339

01:03:29,960 --> 01:03:26,859

has been already said the district are

1340

01:03:36,380 --> 01:03:29,970

increasing with a year-long expedition

1341

01:03:40,559 --> 01:03:36,390

and of course Mars represents the most

1342

01:03:43,140 --> 01:03:40,569

high risks Mars is a red planet and all

1343

01:03:48,950 --> 01:03:43,150

red squares that we have in this table

1344

01:03:54,890 --> 01:03:52,950

cannot be evaluated for example like

1345

01:03:56,480 --> 01:03:54,900

sixty-five percent sometimes they are

1346

01:03:59,870 --> 01:03:56,490

alternative

1347

01:04:02,930 --> 01:03:59,880

they exist or they do not exist one for

1348

01:04:05,690 --> 01:04:02,940

example doctor thinks that this risk

1349

01:04:08,810 --> 01:04:05,700

exists and another doctor think that

1350

01:04:12,500 --> 01:04:08,820

this risk is non-existent so they are

1351

01:04:15,010 --> 01:04:12,510

not typically mathematical probability

1352

01:04:18,680 --> 01:04:15,020

figures unfortunately they are not

1353

01:04:21,320 --> 01:04:18,690

radiation yes we can apply some

1354

01:04:25,370 --> 01:04:21,330

probability characteristics to radiation

1355

01:04:29,390 --> 01:04:25,380

even to gas environment vibration and

1356

01:04:31,730 --> 01:04:29,400

noise also we can assess in probability

1357

01:04:33,830 --> 01:04:31,740

categories but as for some other risks

1358

01:04:38,120 --> 01:04:33,840

it is not possible sometimes it's very

1359

01:04:41,090 --> 01:04:38,130

hard to summarize and generalize this

1360

01:04:44,210 --> 01:04:41,100

Chris we have to study them separately

1361

01:04:46,130 --> 01:04:44,220

but the specialists who are very good

1362

01:04:48,560 --> 01:04:46,140

specialist in the area will study those

1363

01:04:51,650 --> 01:04:48,570

risks it was a complicated question

1364

01:04:53,540 --> 01:04:51,660

sorry for the long answer miskovsky come

1365

01:04:56,390 --> 01:04:53,550

someone is journalist asks sergei

1366

01:05:00,320 --> 01:04:56,400

krikalev so you've already told us that

1367

01:05:02,780 --> 01:05:00,330

you have year-long expedition experience

1368

01:05:08,150 --> 01:05:02,790

so what's the difference between the six

1369

01:05:10,700 --> 01:05:08,160

months flight and year long oh like a

1370

01:05:13,880 --> 01:05:10,710

lot of people think that the preparation

1371

01:05:17,150 --> 01:05:13,890

of cosmonauts actually you know comes to

1372

01:05:19,130 --> 01:05:17,160

running and to jump in and to you know

1373

01:05:22,760 --> 01:05:19,140

other physical things actually a lot of

1374

01:05:26,870 --> 01:05:22,770

training is done at the desk with tables

1375

01:05:31,160 --> 01:05:26,880

with diagrams and so the person who is

1376

01:05:33,140 --> 01:05:31,170

on board for a longer period of time is

1377

01:05:35,090 --> 01:05:33,150

in different conditions for example to

1378

01:05:38,240 --> 01:05:35,100

talk him out of were there for a year

1379

01:05:41,060 --> 01:05:38,250

and they were just two of them there

1380

01:05:43,640 --> 01:05:41,070

were some visitors of course to the

1381

01:05:48,170 --> 01:05:43,650

station valery polyakov came at the end

1382

01:05:50,660 --> 01:05:48,180

of the expedition but they had to know

1383

01:05:53,870 --> 01:05:50,670

all the systems really very subtly so

1384

01:05:56,840 --> 01:05:53,880

that in case of any fault of failure

1385

01:06:00,109 --> 01:05:56,850

they were had to be able to repair it

1386

01:06:02,859 --> 01:06:00,119

actually one year of light is not very

1387

01:06:05,150 --> 01:06:02,869

much different from six months light

1388

01:06:06,140 --> 01:06:05,160

seemed that the cruise line yet of

1389

01:06:09,170 --> 01:06:06,150

course

1390

01:06:13,779 --> 01:06:09,180

the crew members will have to have some

1391

01:06:16,460 --> 01:06:13,789

skills expedia scooter um in short

1392

01:06:19,039 --> 01:06:16,470

expeditions speed is a good of course we

1393

01:06:22,900 --> 01:06:19,049

also train skills but the expedition's

1394

01:06:28,370 --> 01:06:22,910

for six months the person should have

1395

01:06:31,250 --> 01:06:28,380

really very well trained as skills no

1396

01:06:33,190 --> 01:06:31,260

windshield so not much new is in the

1397

01:06:36,529 --> 01:06:33,200

preparation for the year-long expedition

1398

01:06:41,599 --> 01:06:36,539

that we do not apply to the six months

1399

01:06:43,700 --> 01:06:41,609

of flight complications will be that the

1400

01:06:46,490 --> 01:06:43,710

crew the complex issues will be

1401

01:06:51,200 --> 01:06:46,500

connected with the interaction with a

1402

01:06:53,870 --> 01:06:51,210

new crews that will come on board course

1403

01:06:57,289 --> 01:06:53,880

I users can be on the station only for a

1404

01:07:00,319 --> 01:06:57,299

certain amount of months and they we

1405

01:07:02,120 --> 01:07:00,329

have to rotate the vehicle so the crew

1406

01:07:05,029 --> 01:07:02,130

that is on board will have to adapt to

1407

01:07:08,890 --> 01:07:05,039

the newcomers but again I think it is

1408

01:07:11,960 --> 01:07:08,900

quite possible and we will have to train

1409

01:07:13,880 --> 01:07:11,970

you know the emergency situations in a

1410

01:07:17,329 --> 01:07:13,890

different configurations of the clothes

1411

01:07:19,819 --> 01:07:17,339

that will be very important of course so

1412

01:07:22,359 --> 01:07:19,829

in emergency situation all the actions

1413

01:07:26,750 --> 01:07:22,369

of the crew members should be very well

1414

01:07:28,400 --> 01:07:26,760

trained and very well learned okay will

1415

01:07:31,609 --> 01:07:28,410

be simulate any citations from the

1416

01:07:33,620 --> 01:07:31,619

flight to Mars believe the question when

1417

01:07:36,140 --> 01:07:33,630

we come closer to the flight to Mars

1418

01:07:38,029 --> 01:07:36,150

then we will probably have a chance to

1419

01:07:40,400 --> 01:07:38,039

simulate a some of the situation this

1420

01:07:45,769 --> 01:07:40,410

particular year-long expedition is not a

1421

01:07:47,269 --> 01:07:45,779

rehearsal for the Mars flight per se we

1422

01:07:50,779 --> 01:07:47,279

understand it will be a long duration

1423

01:07:53,000 --> 01:07:50,789

flight you know we are developing new

1424

01:07:55,250 --> 01:07:53,010

engines right now so the flight to Mars

1425

01:07:58,309 --> 01:07:55,260

might actually be shorter than we expect

1426

01:08:01,010 --> 01:07:58,319

right now no I mean maybe when you're

1427

01:08:02,960 --> 01:08:01,020

quitting wish more so the preparation

1428

01:08:04,849 --> 01:08:02,970

will have to be different as well you

1429

01:08:07,490 --> 01:08:04,859

push too much you know there is no sense

1430

01:08:14,029 --> 01:08:07,500

I think to do it for this year-long

1431

01:08:17,760 --> 01:08:16,019

okay that's going to finish up the

1432

01:08:19,379 --> 01:08:17,770

questions from Moscow and that's going

1433

01:08:20,700 --> 01:08:19,389

to conclude this briefing I apologize to

1434

01:08:23,099 --> 01:08:20,710

everybody on the phone lines who did not

1435

01:08:24,299 --> 01:08:23,109

get a chance to ask any questions but we

1436

01:08:25,289 --> 01:08:24,309

were out of time so if you'll stick

1437

01:08:27,359 --> 01:08:25,299

around we've got the crew news

1438

01:08:28,919 --> 01:08:27,369

conference coming up next and we will

1439

01:08:30,899 --> 01:08:28,929

attempt to get all the questions in

1440

01:08:32,189 --> 01:08:30,909

those for both Scott and Mikhail we want

1441

01:08:34,349 --> 01:08:32,199

to thank all of our panelists both here

1442

01:08:36,510 --> 01:08:34,359

in Houston and in Moscow and of course

1443

01:08:38,450 --> 01:08:36,520

for the latest on this one year crew you